



ramblers scotland
at the heart of walking

Glasgow Ramblers

Programme of Walks

2nd May – 8th November, 2015

All the information in this booklet can also be found on the website:
www.glasgowramblers.org.uk

If you require more information email - **info@glasgowramblers.org.uk**
or visit: **www.facebook.com/glasgowramblers.public**

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The Ramblers' Association is a registered charity (England and Wales no.: 1093577 Scotland no.: SC039799), and a company limited by Guarantee, registered in England and Wales (no. 4458492).

Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London, SE1 7

What You Need to Know

The Ramblers is the representative body for walkers. For over 75 years we have been campaigning in Great Britain to protect the natural beauty of our countryside, promote walking and safeguard public access to land. There is a network of around 500 Groups (nearly 60 in Scotland), which promote walking through regular Programmes of Walks and support the other objectives of The Ramblers.

Ramblers Scotland's website is www.ramblers.org.uk/scotland

What grade of walk to choose

Please read these notes on walk grades carefully as they contain important advice for those taking part in walks. Each walk in the Programme has a grade, but please also note any extra information provided under the individual walks.

- A+** Severe. Arduous walks for the experienced and very fit, involving some or all of the following factors: on high ground with exposure; steep ascents and descents; at a brisk pace; distance over 15 miles. Standard grading for hill walking in winter conditions.
- A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; steep ascents and descents; distances over 15 miles.
- B+** Between Moderate and Strenuous. For the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
- B** Moderate. Demanding higher standards of fitness and stamina than C+.
- C+** Easy to Moderate. For those with improving fitness, offering some modest challenges.
- C** Easy. Mainly on level ground and often on paths and tracks. The grade of walk is suitable for beginners.

Please note that the grades for walks are intended only as a rough guide. For information on a particular walk, always contact the leader beforehand.

The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.

In dubious weather, it is wise to contact the walk leader beforehand for advice.

Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.

In the interests of safety, the leader may refuse to lead anyone whom he/she considers to be unsuitably equipped.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.

What to wear and what to bring

- Warm and waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out.
- Strong footwear should be worn for all walks. Walking boots are essential on all Grade A walks and on most Grade B walks, and are advisable on most Grade C walks other than town walks.
- A packed lunch, small snacks and cold drinks are essential. A flask of hot drink is strongly recommended.
- All walkers should carry emergency contact details. The committee has purchased **emergency contact key-rings** which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration.

Barry has been giving these out on walks but, if you still do not have one, email him at luckydollar@btinternet.com or send a SAE to him

c/o 15 Newton Terrace, Glasgow, G3 7PJ

- It is recommended that all walkers should carry their own First Aid Kit.
- Members of The Ramblers should carry their Membership Card on all walks.
- OS Map Numbers are given in the Programme for each walk, but this is only for the information of those who wish it; it is not necessary for all walkers to bring a map with them.

Registering Your Mobile Phone with the Emergency Services

Those of us who attended the first-aid course last January were reminded about the advantages of using the number 112 to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might. To register any mobile phone, text "register" to 112 or 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life. However, to contact the emergency services by text you have to register your number in advance. 112 is the international number and 999 the UK one for contacting emergency services.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Meeting Places

The meeting place for a walk is always given in the walk description. Our normal meeting places for walks are:

Partick Station: at the front entrance to the station off Merkland Street or just inside the station entrance if it is very wet. We normally meet here if we are going by car and sometimes when we take a train. The recommended parking for Partick Station is on Beith Street.

Glasgow Central Station: outside M&S Simply Food.

Glasgow Queen St Station: outside the Main Booking Office by Boots.

Glasgow Buchanan St Bus Station: by the Travel Information Board.

Sometimes, individual walkers opt to meet the main group at the start of the walk. If you decide to do that, it is essential that the walk leader is aware of where you will be.

Travel to the start of the walk

See Programme for details of the meeting place. Everyone pays their own fares on public transport. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount for car sharing is recommended under the details of each walk. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

What happens on the walk?

As groups are usually made up of members with varying walking abilities, all walkers should consider those at the back of the party. Walk leaders especially are reminded that they must set and control the pace of the walk to reflect these differing abilities, and must not allow the pace of the walk to be dictated by a few members of the party who may tend to force the pace. Failure to observe these considerations may deter members from fully enjoying the walk or from tackling higher grades of walk at a future date.

Who is liable on a walk?

Please note that neither the Ramblers Association nor the walk leaders of individual walks can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

Dogs

Registered Assistance Dogs only are allowed on walks.

Group website www.glasgowramblers.org.uk

To get up-to-date information, please check our blog which you can access from the web site, www.glasgowramblers.org.uk, under *news > our blog* to see if any changes have been made to a forthcoming walk. **Any changes will also appear under: *walks programme > current walk programme*.**

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the Glasgow Ramblers' Blog. Ideas – weather, conditions, wildlife seen, views, any features. The blog, Glasgow Rambles, needs to be kept up to date. Any other suggestions or comments on the website would be appreciated. Please email photographs, blog entries, suggestions and comments to info@glasgowramblers.org.uk.

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes, should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to info@glasgowramblers.org.uk

Facebook

Glasgow Ramblers has a Facebook Page linked to the website. Even though you do not have a Facebook account you can still look at the up-to-date information on the page. However, if you want to upload your own photos on, or view, other people's comments you need to sign in from a Facebook account. Facebook can be accessed from the web site: www.glasgowramblers.org.uk, under *news > our facebook page* or at: www.facebook.com/glasgowramblers.public

News

A warm welcome to all the new members who have joined Glasgow Ramblers during the last six months.

A Night at the Opera Tuesday 13th October

Organiser: Bobby (bobby_robb@hotmail.com or 0141 573 4781)

We have the opportunity to see Scottish Opera's production of Carmen on Tuesday 13th October. The discounted rate for a seat in the Upper Circle is £23.35. Names to Bobby by 14th May and cheques made payable to him by 28th May 2015.

A message from Bobby Robb, Social Secretary

Dear Member

I am proposing to run a weekend away to Loch Ossian Youth Hostel during the course of the next programme. (November 2015 to April 2016) The entire hostel has twenty beds and would be for Glasgow Ramblers exclusive use. Walks of various grades would be offered.

It would be a two night stay from a Friday night to a Sunday night. Dates are still to be confirmed. Cost for accommodation and transport by train is approximately £75 (less if a Rail Card holder or aged 55 and over). Could anyone interested in going please contact Bobby Robb at **bobby_robb@hotmail.com** or phone me on 0141 573 4781. No deposit is required at this stage. I am trying to get an idea of possible numbers interested in the trip before any definite booking is made.

Bobby

Committee Meetings

Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on Tuesdays, 19th May, 21st July, 1st September and 3rd November at The Unitarian Church Centre, 72 Berkeley Street in the basement room, at 6.30pm. Anyone wishing to attend a meeting, please contact Barry (luckydollar@btinternet.com or 0141-772 2263) not later than 5 pm on the Friday before the meeting.

New walk leaders and ideas for walks needed! PLEASE CONSIDER LEADING A WALK

We have a dedicated and enthusiastic group of walk leaders but we are always looking for more and also ideas for walks. Suggesting a possible walk does not necessitate leading it. If you wish, we will find another walk leader to do the recce with you.

Offering one walk per programme is an enormous help. For the next programme from May to November 2015, we shall be holding a planning meeting on Tuesday 8th September at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7 for 7:30 pm. Any member considering offering a walk in the future is most welcome. For ideas or more information, phone Margaret, the Programme Co-ordinator ,(0141 221 3598) or email info@glasgowramblers.org.uk

A big thank you to Kirsty and Steve who have each kindly agreed to lead a walk in this programme.

Ramblers Scotland Video

To watch a new promotional video from Ramblers Scotland, do a search for

Ramblers Scotland – at the heart of walking! youtube

Medal Routes – new App

The Medal Routes project, supported by Ordnance Survey, has created a mobile phone App for Apple and Android devices. Download it for free and find hundreds of Medal Routes to walk across Scotland by visiting: www.medalroutes.org. There are now well over 100 Medal Route Walking Hubs in Scotland. To find a route near you visit: www.ramblers.org.uk/medalroutes. If anyone has a suggestion for a medal route short walk please email: robert.burns@ramblers.org.uk.

The Walking Partnership supported by Ramblers Worldwide Holidays

If you are planning a holiday with Ramblers Worldwide Holidays, please consider nominating Glasgow Ramblers. Depending on your destination, the group can receive a donation of £10, £20 or £30.

www.ramblersholidays.co.uk

PROGRAMME

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Up-to-date information on walks can be obtained from:

www.glasgowramblers.org.uk > walks programmes > current walks programme.

Saturday 2nd May	Knapps Dam	Full Day	Grade C+
Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)			
This is a circular walk of about 7 miles (12 km) from Bridge of Weir along the River Gryffe to Quarriers Village, then via quiet roads and cycle track to Knapps Dam. There is a short climb to the high ground overlooking Knapps Dam, then through woodland and quiet roads back to Bridge of Weir. The walk starts at: NS385659. OS Map 63			
Meet the leader at Buchanan Bus Station by the Travel Information Board at 9:05 am to catch the 9:20 am McGills X7 Greenock (via Kilmacolm) bus to Bridge of Weir.			

Sunday 3rd May	Portrack House	Full Day	Grade C (easy stroll)
Leader: Alan (07720 843353 or alan@cawatt.scot)			
Portrack Gardens are only open for one day each year. The house belonged to Maggie, who was the wife of the architect Charles Jencks and the inspiration for the Maggie's Centres. There are lots of stunning features to see on a stroll around - The Twisted undulating landforms and terraces designed by Charles Jencks as "The Garden of Cosmic Speculation"; lakes designed by Maggie Keswick; rhododendrons, large new greenhouse in a geometric kitchen garden of the Six Senses; Glengower Hill plantation and view; woodland walks with Nonsense Building (architect: James Stirling); Universe cascade and rail garden of the Scottish Worthies; interesting sculpture including that of DNA and newly completed Comet Bridge. The gardens are open from 12 noon to 5 pm Admission £6 For more information - http://www.scotlandsgardens.org/gardens/garden/6f8a52d7-f7b0-45c2-91fc-999e00d2ac95			
Meet the leader outside Partick Station at 10 am. The recommended passenger contribution to driver: £15 (150 mile round trip at 10p per mile). Bring a picnic. Portrack House, Holywood is one and a half miles off the A76, five miles north of Dumfries.			

Thursday 7th May	Tam o' Shanter Trail	Full Day	Grade C
Leader: Catherine (07711 268 312 or catherine@cawatt.scot)			
A walk of approx. 6 miles (10km) following Robert Burns's hero around Ayr on the path described in his narrative poem, Tam o' Shanter. The walk starts from the station and then to the inn in which Tam was drinking that fateful night, then into Belleisle Park, through woodlands and continuing to the the Brig of Doon. The return walk will be along the Lang Scots Mile. After the walk the leader will be going to see the exhibition, The Great Tapestry of Scotland, which is being displayed at Ayr Town Hall (free entrance) until the end of May.			
Meet the leader at Glasgow Central Station outside M&S Simply Food at 9:20 am having purchased a return ticket to Ayr for the 9:30 am train			

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Up-to-date information on walks can be obtained from:

www.glasgowramblers.org.uk > walks programmes > current walks programme.

Sunday 10th May	Ben Ledi	Full Day	Grade A
Leader: Idris (01436673460 or idrisscott@waitrose.com– email enquiries preferred)			
A 6.5 mile hill walk along tracks and hill paths, starting at the forestry commission car park. There is an ascent of 2,500 feet before reaching a maximum height of 2,873 feet. The ascent will be via the southeast shoulder of Ben Ledi and the return via Stank Glen and the old railway line. The walk starts at the car park: NN587091 OS Map 57			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £9.40 (94 mile round trip at 10p per mile). Turn left off the A84 2.9 miles after A84/A81 junction in Callander, cross the river and turn left into parking area.			
Thursday 14th May	Last chance to contact Bobby about tickets for ‘A Night at the Opera’		
Organiser: Bobby (bobby_robb@hotmail.com or 0141 573 4781)			
We have the opportunity to see Scottish Opera’s production of Carmen on Tuesday 15 th October. The discounted rate for a seat in the Upper Circle is £23.35. Names to Bobby by 14 th May and a cheque made payable to him by 28th May 2015.			
Saturday 16th May	Auldmurroch Falls	Full Day	Grade B
Leader: Tony (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)			
An 8-9 mile walk from Carbeth Inn along the West Highland Way to Craigallian Bridge, then via public roads/tracks past the former Craigton School to the Trig Point at 356m and then moorland walking to Auldmurroch Falls and return to Carbeth Inn. The Carbeth Inn have always very kindly allowed the Group to park our cars in their car park when this walk is on the programme and have always welcomed walkers having some refreshments afterwards. Approximate height climbed 240 metres (740 feet) OS Map:64/EX348			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £2(20 mile round trip at 10p per mile). The leader will meet walkers at the Carbeth Inn			
Tuesday 19th May	Committee Meeting	Evening	
All members are welcome to attend the Committee Meeting. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6:30 pm. Members’ comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141 772 2263) not later than 5pm on Fri 15 th May.			

Sunday 24th May	Dunblane to Bridge of Allan	Full Day	Grade C+ (if only doing 1st loop C)
Leader: Steve (chompmancobra@hotmail.com or 07967 053051)			
A figure of 8 walk of about 6.5 miles total, the first part very flat and the second part having a bit of a climb. From Dunblane we follow the Darn Walk to Bridge of Allan, a good and relatively flat path, for a little under 3 miles. At Bridge of Allan we cross the river, head back up the other side of the river for a short while, cross back, rejoin the Darn Walk briefly and then head uphill to join the Glen Road, which is now a cycle path for some of its length. We then follow the Glen Road along the edge of Sheriffmuir and back down into Dunblane. OS Maps 57 and 58			
Meet at Queen Street Station outside the main booking office by Boots at 9:20 am having bought a return ticket to Dunblane for the 9:37 am Aberdeen train (arrives Dunblane at 10:17 am).			
Sunday 31st May	Ben Gullipen	Full Day	Grade B/C+
Leader: Idris (01436673460 or idrisscott@waitrose.com– email enquiries preferred)			
A five and half mile walk along forest tracks climbing to the summit of Ben Gullipen. A total of 1000 feet of climbing to a maximum height of 1450 ft. Marvellous views of Lochs Venachar, Achray and Ruskie together with Ben Ledi, Dumyat, the Ochils, Stirling Castle and the Wallace Monument. The walk starts at the parking area on the north side of the A81 Aberfoyle to Callander road at NN 619 049. OS Map 57.			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £6.40 (64 mile round trip at 10p per mile).			
Parking area on north side of A81 - 7 miles beyond junction with A821 near Aberfoyle.			
Tuesday 2nd June	Cathkin Braes	Evening	Grade C
Leader: John B (0141 647 8371 or johnlinda30@tiscali.co.uk)			
A walk along the Cathkin Braes mainly on paths and rough tracks, parts of which may be muddy. Weather permitting we should have good views over the city. Approximately 5miles in 2hrs. OS map 64			
Meet at 6:20pm at the bottom of Buchanan St outside HSBC where walkers will catch the No 75 bus to Castlemilk, Arden Craig Road			
Saturday 6th June	Glen Finglas	Full Day	Grade A
Leader: Greg (07716 994 026)			
This walk is a loop of 15 miles. The height climb is 1650 ft with good paths all the way. Lovely views The walk starts at: NN 545066. OS Map 57			
Meet outside Partick Station at 8:30 am. PLEASE NOTE THE EARLY MEETING TIME			
The recommended passenger contribution to driver: £10 (100 mile round trip at 10p per mile).			
Sunday 7th June	Aberlady Bay	Full Day	Grade B
Leader: John Mc (squareloaf@talktalk.net or 0141 773 0409			
A flat circular walk of 12 miles near the coast in East Lothian. OS Map 66			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £12 (120 mile round trip at 10p per mile).			

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Up-to-date information on walks can be obtained from:

www.glasgowramblers.org.uk > walks programmes > current walks programme.

Tuesday 9th June	Glasgow City – Wisdom, Virtue and Vice	Evening	Grade C
Leader: Margaret (0141 221 3598 or mcgheemargaret6@gmail.com)			
A 4 mile circular walk through the city, along and over the Clyde incorporating places of worship, education and entertainment with magnificent views along the river Clyde.			
Meet at the Kelvingrove Art Gallery (Argyle Street entrance) at 6.30pm			

Sunday 14th June	The Magnificent Seven	Full Day	Grade C
Coordinator: Catherine (07711 268 312 or catherine@cawatt.scot)			
This walk will be led by Gary Linstead, the South Team Countryside Ranger. The meet and return point is Linn Park, where parking is available. The route is circular and is approx. 10 miles, with a small elevation change min to max of just 150 metres. Lunch is at the highest point of 200 metres and the afternoon is then overall down all the way. The walk leads through three city urban parks and the contrasting habitats they share. The greater part of the walk is in open woodland and across farmlands.			
Meet at the no 4A bus stop (2nd one after the crossing at Central Station going south), Union St at 9:20 am to catch the bus at 9:28 am. Alight at 9:51am at Netherlee just before Linnpark Avenue on Clarkston Rd. 9 mins walk to Linn Park. Alternatively meet the ranger at 10 am at the gates of the Equestrian Centre in Linn Park.			

Tuesday 16th June	Necropolis	Evening	Grade C+
Leader: Alan (07720 843353 or alan@cawatt.scot)			
A walk from the city centre to the Necropolis to visit the graves of many Scots, including Wee Willie Winkie's poet, before meandering up to the statue of John Knox. Great views over Glasgow. Short steepish path but it will be a slow ascent. Some walking on grass – may be wet.			
Meet at Queen Street Station (George Square Entrance) at 6:30 pm.			

Thursday 18th June	Southern Shores of Loch Lomond	Full Day	Grade C+
Leader: Gordon (07443 426941 or gordonarthur50@gmail.com)			
This 8 mile walk starts from Balloch Central railway station. The West Loch Lomond path will be followed to Arden, with views of the loch and the islands. Returning past Lomond Shores, the walk will then explore Balloch Country Park, a classic example of a designed landscape, again with good views across the loch. The walk then returns to Balloch station. Good paths, and some sections on pavement. The walk starts at NS390818. OS Map 56			
Meet outside Partick Station at 9:20 am, to catch the 9:33 am train to Balloch having purchased a return ticket to Balloch. Alternatively walkers can catch the train from Queens Street Station at 9:27 am and meet the leader on the train or on arrival at Balloch at 10:13 am.			

Sunday 21st June	Glen Finlas Circular	Full Day	Grade A
Leader: Alan (07720 843353 or alan@cawatt.scot)			
A 15km horseshoe walk with 900m total ascent in an area associated with a Clan McGregor raiding party which led to the battle of Glen Fruin(1603). Starting on a road and track in Glen Finlas, then a steep ascent on a grassy hillside to Beinn Ruisg (595m) and on round to the tops of Balcnock (645m) and Craperoch (462m) before descending to Glen Finlas. It is likely to be boggy. The walk starts at the layby on A817 100m from A82 junction - grid ref: NS 352882. OS Map 56			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £4.40 (44 mile round trip at 10p per mile).			
Tuesday 23rd June	Rouken Glen	Evening	Grade C
Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)			
Entering the park immediately adjacent to Whitecraigs Station, we will walk round the boating pond and then across open parkland, passing the Pavilion built in 1910 and refurbished in 2013, to reach old estate buildings. We will then head down to the Auldhouse Burn, passing the ruins of Rock-End Mill, which gave the glen its name. After walking alongside the burn, we will climb steps next to spectacular waterfalls, cross The Meadows to explore some woodland, then return to the boating pond to exit the park.			
Meet at Glasgow Central Station outside M & S Simply Food at 6:20 pm having purchased a return ticket to Whitecraigs for the 6:35 pm Neilston train.			
Saturday 27th June	Never Mind the Bannocks	Half day	Grade C+
Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)			
A 6 miles (9km) walk. Now's the day and now's the hour to join this walk, starting from the National Trust for Scotland's Battle of Bannockburn Centre. We will follow the Bannock Burn, view the Bannockburn Falls, visit the village of Bannockburn, and pass the site where it is believed the Battle of Bannockburn took place in 1314. Our route will take us across a footbridge at Milton Ford, used by every army heading north from Roman to Jacobite times, over the 15th century Spittal's Bridge and under the railway at the "Thunder Bridge". Other features will include the impressive Telford's Bridge, the Yellow Hill and St. Ninian's. When we arrive back at the Battle of Bannockburn Centre, walkers can choose to visit the exhibition (charge for non-members of NTS) and/or have lunch at the café, before returning to Glasgow. English people are very welcome to join the walk, and won't be sent homeward to think again, but don't mention the War (of Independence)! The walk starts at NS798905. OS Map 57			
Meet at Buchanan Bus Station by the Travel Information Board at 8:45 am for 9 am Scottish Citylink M8 Dundee bus to Whins of Milton			
Saturday 4th July	Hills above Dollar	Full Day	Grade B+
Leader: John B (0141 647 8371 or johnlinda30@tiscali.co.uk)			
A 10 mile walk over three tops all over 640m. Mainly tracks and open moorland. Starting in Dollar, up the glen climbing Kings Seat Hill, Tarmangie Hill and Whitewisp Hill			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £8 (80 mile round trip at 10p per mile).			

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

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Saturday 11th July	Glen Loin	Full day	Grade B
Leader: Greg (07716 994 026)			
A 10 mile walk on glen and woodland paths and tracks. Fantastic views across Loch Long to Arrochar and Ben Reoch, Arrochar Alps and Ben Lomond. Ascent 1800 feet. The walk starts at: NN295049. OS Map 56			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £7 (70 mile round trip at 10p per mile).			
Thursday 16th July	Victoria Park and the Fossil Grove	Half day	Grade C
Leader: Catherine (07711 268 312 or catherine@cawatt.scot)			
A circular 2.5 to 3 hour walk along the Clyde to Victoria Park, named for Queen Victoria's golden jubilee in 1887 and considered to be one of Glasgow's prettiest parks. The Fossil Grove is an interesting place. The trees were uncovered by removal of the surrounding rocks and are the remains of an ancient forest, around 330 million years old. We will have a coffee stop in Broomhill before returning to Partick			
Meet outside Partick Station at 9:30 am.			
Sunday 19th July	Ardgowan and Leap Moor	Full day	Grade B
Leader: Alan (07720 843353 or alan@cawatt.scot)			
From Inverkip Station, approx. 9 mile walk along the coast, then on woodland paths and hill tracks which may be muddy. The walk goes past the marina, along the coast, through Ardgowan Woods and up through Leapmoor Forest and includes a longish but gentle hill. OS Map: 63			
Meet at Glasgow Central Station outside M & S Simply Foods at 9:45 am having purchased a return ticket to Inverkip for the 9:50 am Wemyss Bay train. Walkers can meet the leader at Inverkip Station at 10:34 am			
Tuesday 21st July	Committee Meeting	Evening	
All members are welcome to attend the Committee Meeting. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6:30 pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141 772 2263) not later than 5pm on Fri 17 th July.			
Saturday 25th July	Glen Devon Circular	Full Day	Grade B
Leader: John Mc (squareloaf@talktalk.net or 0141 773 0409)			
A 10 miles circular walk in Glen Devon. OS Map: 58			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £8 (80 mile round trip at 10p per mile).			

Saturday 1st August	River Gryffe	Half Day	Grade C
Leader: Tony (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)			
A 7 mile walk from Houston to Bridge of Weir and back to Houston. Some road walking in Houston and Bridge of Weir. Walking beside the River Gryffe on paths. The walk is mainly level with some ups and downs, no significant hills. OS Map: 63/64 or Ex341/343			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £4.20 (42 mile round trip at 10p per mile).			
Saturday 8th August	Stobo Castle to Broughton	Full Day	Grade C+
Leader: John B (0141 647 8371 or johnlinda30@tiscali.co.uk)			
Rough Track and moorland. Distance 6 miles. Start of walk is the layby on A712 near entrance to farm Dawyck Mill about 200m West of entrance to Stobo Castle. OS Map 72			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £12.80 (128 mile round trip at 10p per mile).			
Thursday 13th August	Dumfries House Estate	Full Day	Grade C
Leader: Catherine (07711 268 312 or catherine@cawatt.scot)			
Dumfries House was saved by the intervention of Prince Charles in 2007. The Estate retains much of the original 18th century landscape design. Visitors can explore the beautiful setting with ancient trees, the Adam Bridge, river walks, a doo'cot and the wildlife. Dumfries House is a 45 min walk from Auchinleck station along quiet roads. There is also the possibility of visiting the walled garden (£3). We will spend about 3 hrs on the estate. The return train is at 4:38 pm arriving Glasgow 5:37 pm			
Meet at Glasgow Central Station outside M & S Simply Foods at 10 am having purchased a return ticket to Auchinleck for the 10:12 am Carlisle train.			
Saturday 15th August	Spectacle E'e Falls and Strathaven Town	Half Day	Grade C+
Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)			
A 3 mile(5km) country walk from Strathaven, past a spectacular waterfall. Graded C+ because of a short steep section but there are steps and a handrail. Then a 1½ mile (2 km) walk around the town. The walk starts at NS703442. OS Map 71			
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £3 (30 mile round trip at 10p per mile).			
Saturday 22rd August	Whitelees Wind Farm on Eaglesham Moor	Full Day	Grade C+
Leader: Margaret (0141 221 3598 or mcgheemargaret6@gmail.com)			
Whitelees Wind Farm is the largest on-shore wind farm in the UK with 215 wind turbines situated on Eaglesham Moor. The walk starts out and finishes at the visitor centre and will take approximately 3 hours. The walk weaves around 18 turbines and heads down to Whitelee's largest reservoir, Lochgoin. On a clear day, looking across the loch, the coast can be viewed including Ben Lomond, Ailsa Craig and Arran. OS Map 64			
Meet outside Partick Station at 9:30 am. The recommended passenger contribution to driver: £2 (20mile round trip at 10p per mile). Take the M8 and then the M77 towards Kilmarnock; exit at Junction 6 and follow the brown signs.			

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Up-to-date information on walks can be obtained from:

www.glasgowramblers.org.uk > walks programmes > current walks programme.

Sunday 30th August	Tomtain, Garrel Hill and Laird's Hill	Full Day Grade B+
Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)		
A walk in the Kilsyth Hills of approx 11 miles on country roads, tracks, rough moorland and parkland rising to 458 m. The walk starts at NS 729 787. OS Map 64		
Meet outside Partick Station at 9 am or meet at 9:30 am at Colzium House, Kilsyth The recommended passenger contribution to driver: £3.40 (34 mile round trip at 10p per mile).		

Tuesday 1st September	Committee Meeting	Evening
All members are welcome to attend the Committee Meeting. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6:30 pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141 772 2263) not later than 5pm on Friday 28 th August		

Saturday 5th September	Auchincruive Trails	Full day Grade C+
Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)		
A combination of 3 short circular walks (each around 2½ miles/4 km), all starting and finishing at Auchincruive Agricultural College, near Ayr. Oswald's Trail follows the River Ayr, then returns through the College grounds. The Waggonway Trail uses the route of a former coal waggonway to "Wallace's Seat", a promontory high above the River Ayr, then takes a meandering route through the countryside. The Farm Trail provides splendid views (weather permitting) both inland and out over the Firth of Clyde. The walk starts at NS338230 OS Map 70		
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £7 (70 mile round trip at 10p per mile).		

Tuesday 8th September	Walk Leaders' Meeting	Evening
The meeting will be held in the basement room at the Unitarian Church Centre, 72 Berkeley Street at 7:00 for 7:30 pm. The purpose is to get together and plan the next programme – Nov 2015 to April 2016. Any member who may consider offering a walk in the future is most welcome to attend. We have a dedicated group of members prepared to lead walks but we are always looking for more leaders. Even offering one walk per programme would be a huge help to the group. Also ideas for new walks would be of interest. Phone: Margaret, the Programme Co-ordinator (0141 221 3598) or email info@glasgowramblers.org.uk for more details.		

Sunday 13th September	Furnace and Auchindrain Full Day Grade B
Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)	
A walk of approx. 6 miles from Furnace on the shores of Loch Fyne to Auchindrain township and return. The Auchindrain township is now an open-air folk museum established on the site of an 18 th Century settlement. There will be an opportunity to visit the museum after the walk. The leader will be visiting the museum. Admission £6.30 adults, £5.20 concessions. The walk starts at NN 024002. OS Map 55	
Meet outside Partick Station at 9 am. The recommended passenger contribution to driver: £12.60 (126 mile round trip at 10p per mile).	

Thursday 17th September	Largs and the Coastal Path Full Day Grade C+
Leader: Gordon (07443 426941 or gordonarthur50@gmail.com)	
This 7 mile walk starts from Fairlie rail station, and follows the Ayrshire Coastal Path into Largs, passing a marina and a path-side 'anchor museum'. The walk continues around the environs of Largs, taking in the sea front, some aspects of historical interest, and a viewpoint overlooking the sea with the islands of Cumbrae and Arran. The walk finishes at Largs railway station. Good paths, tracks, and pavements throughout. One steep but short ascent to the viewpoint. The walk starts at NS210546. OS Map 63	
Meet at Glasgow Central Station outside M & S Simply Food at 9:35 am, to catch the 9:48 am train to Fairlie (having purchased a return ticket to Largs).	

Saturday 19th September	Tweedbank to Eildon Hills Full Day Grade B
Leader: James (07736 390887 or jfm6721@talktalk.net)	
This is a beautiful 9-10 mile walk along the Southern Upland Way from the terminus of the newly opened Borders Railway at Tweedbank to the tops of the Eildon Hills, and offers the prospect of magnificent views over the Borders country. Total ascent of approx. 350 metres. OS Map 73.	
Meet at Queen Street Station outside the main booking office by Boots at 8:15 am having bought a Cheap Day Return ticket to Tweedbank. We will travel initially on the 8:30 am train to Edinburgh then change to 9:45 am departure for Tweedbank. NOTE THE EARLY MEETING TIME	

Sunday 27th September	Beinn Ime and Beinn Narnain Full day Grade A
Leader: Greg (07716 994 026) and Alan (alan@cawatt.scot)	
A strenuous linear walk over the tops of Beinn Ime and Beinn Narnain. The walk starts from the eastern end of Glen Kinglas near Butterbridge, then goes up the steep north western flank of Ben Ime, across Bealach a' Mhaim and up onto Ben Narnain before descending to the car park at the head of Loch Long. The distance is around 8km with a total ascent of 1150m. The walk starts at NN237094. OS Map 56.	
Meet outside Partick Station at 8:30am. NOTE EARLY MEETING TIME The recommended passenger contribution to driver: £8.40 (84 mile round trip at 10p per mile).	

Saturday 3rd October	Rowardennan to Rowchoish return Full Day Grade B
Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)	
A walk of approx 10 miles along the shore of Loch Lomond to Rowchoish bothy (a location in the 2014 film Under the Skin) returning on the forestry road. OS Map 56	
Meet outside Partick Station at 9 am or meet leader at 10 am at Rowardennan car park. The recommended passenger contribution to driver: £5.20 (52 mile round trip at 10p per mile).	

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Up-to-date information on walks can be obtained from:

www.glasgowramblers.org.uk > walks programmes > current walks programme.

Thursday 8th October	Johnstone to Paisley via Gleniffer Braes	Full Day	Grade C+
Leader: Catherine (07711 268 312 or catherine@cawatt.scot)			
This 6 mile(9km) walk starts at Johnstone Railway Station NS 483611 and ends at a bus stop on Glenfield Road, Paisley although the leader will be walking into Paisley. There is one very steep uphill section as well as some muddy paths. Most of the walk is a promenade along the Gleniffer braes with views across Glasgow to Ben Lomond.			
Meet at Glasgow Central Station outside M & S Simply Food at 9:20am having purchased a return ticket to Johnstone for the 9:34am Ayr train			

Sunday 11th October	Loch Venacher circuit	Full day	Grade B
Leader: Alan (07720 843353 or alan@cawatt.scot)			
A complete circuit of Loch Venacher on tracks and minor roads. The walk covers a distance of around 19km starting from the car park near Brig o' Turk and heading out along the slopes to the north side of the loch before returning close to the loch on the south side. The total ascent over the day is less than 400m. The walk starts at NN546065. OS Map 57			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £6.60 (66mile round trip at 10p per mile).			

Tuesday 13th October	A Night at the Opera	Evening
Organiser: Bobby (bobby_robb@hotmail.com or 0141 573 4781)		
We have the opportunity to see Scottish Opera's production of Carmen on Tuesday 15 th October. The discounted rate for a seat in the Upper Circle is £23.35. Names to Bobby by 14 th May and cheques made payable to him by 28th May 2015.		

Saturday 17th October	Chatelherault and the Avon Gorge	Half day	Grade C+
Leader: Kirsty (kdavidson@discopiglet.com or 0141 576 5810 email preferred)			
A 7 mile (11km) walk in the woods at Chatelherault Country park near Hamilton, passing a ruined castle, ancient oak trees and a pretty river gorge. An interesting detour will be made to explore the Duke's Monument. OS Map 64			
Meet at Glasgow Central Station outside M & S Simply Food at 9:35 am having purchased a return ticket to Chatelherault for the 9:51am Larkhall train (low level). Walkers can catch this train at Partick Station at 9:41 am.			

Sunday 18th October	Beinn Chabhair	Full Day	Grade A
Leader: Alan (07720843353 or alan@cawatt.scot)			
At 933m, Beinn Chabhair is the lowest and nearest of a group of peaks and ridges that extends north-east from Loch Lomond to Ben More. There are three parts to the walk. A steep 300m climb goes up from Beinnglas Farm on a wooded hillside; then there is a relatively level section as far as Lochan Beinn Chabhair which is close to the base of the ridge; finally, there is a steep ascent to the ridge and along the undulating and rocky ridge to the summit. Some of the walk is on paths but it may be boggy in places. The total ascent is about 920m and the walk to the top and back is 11km. The walk starts by the A82 near Inverarnan: NN319188. OS Map 56			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £8.60 (86 mile round trip at 10p per mile).			

Sunday 25th October	Fiddler's Gill and Craignethan Castle	Full Day	Grade B
Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)			
Two walks on opposite sides of River Clyde, both starting at Crossford, South Lanarkshire. Fiddler's Gill walk is 6 miles (9.10km) with 525ft (160m) ascent. Craignethan Castle walk is 4 miles (6 km) with 500 ft (140m) of ascent and goes past the castle but, if the majority of walkers wish, and if time allows, we can go in and visit the castle (admission charge for those not members of Historic Scotland). The walk starts at NS826466 OS Map 72			
Meet outside Partick Station at 9 am.			
The recommended passenger contribution to driver: £5 (50 mile round trip at 10p per mile).			

Sunday 1st November	The Hidden Heritage Trail	Half Day	Grade C+
Leader: Bobby (bobby_robb@hotmail.com or 0141 573 4781)			
The walk is about 3.5miles(5.5 km) long and follows, in part, the long distance footpath, The Three Lochs way and Hidden Heritage waymarkers. Easy pace with only gradual ascents. The walk starts at NN 296041 OS Map: 56			
Meet outside Partick station at 9 am.			
The recommended passenger contribution to driver: £7 (70 mile round trip at 10p per mile)			
Walk starts from The Three Villages Community Hall in Arrochar. The hall is on the left. Parking is available in the hall car park where the walk will start at 10:15 am.			

Tuesday 3rd November	Committee Meeting	Evening
All members are welcome to attend the Committee Meeting. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6:30 pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141 772 2263) not later than 5pm on Fri 30 th Oct.		

Sunday 8th November	Devil's Cauldron and Melville Monument	Full Day	Grade B+
Leader: Bobby (bobby_robb@hotmail.com or 0141 573 4781)			
<p>Glen Lednock Circular. A sheltered glen walk rising to open hillside with steep ascent and descent to hilltop viewpoint and monument. 4.5miles (7.5 km) of approx 3 to 3.5hrs duration with 260m ascent. Spectacular river scenery and extensive woods. This is followed by descending towards the river where it hurtles through the gorge. In the Deil's Cauldron water "boils" furiously and rushes towards the "wee Cauldron" below. These were created at the end of the last ice age and the scouring continues today. The walk starts at NN776223. OS Map 52</p>			
<p>Meet outside Partick station at 9 am. The recommended passenger contribution to driver: £11.50 (115 mile round trip at 10p per mile) Walk starts from Laggan Wood car park on east side of Comrie at 10:30 am. Branch off A9 and continue on A822 to Creiff (signposted Braco, Muthill and Crieff.) At T junction in Creiff turn left onto A85. (signposted Crianlarich.) On entering Comrie, look for sign for Comrie Golf Club on the right before a bridge over the River Lednock. After turning right, for car park take first left.</p>			

Summary of Walks and Other Events

Date	Walk or Event	Full/Half Day/Evening	Grade
Sat 2 nd May	Knapps Dam	Full Day	C+
Sun 3 rd May	Portrack House	Full Day	C(easy)
Thu 7 th May	Tam o' Shanter Trail	Full Day	C
Sun 10 th May	Ben Ledi	Full Day	A
Tues 14 th May	last day for booking A Night at the Opera		
Sat 16 th May	Auldmurroch Falls	Full Day	B
Tues 19 th May	Committee meeting	Evening	
Sun 24 th May	Dunblane to Bridge of Allan	Full Day	C+
Sun 31 st May	Ben Gullipen	Full Day	B/C+
Tue 2 nd June	Cathkin Braes	Evening	C
Sat 6 th June	Glen Finglas	Full Day	A
Sun 7 th June	Aberlady Bay	Full Day	B
Tue 9 th June	Glasgow City-Wisdom, Virtue and Vice	Evening	C
Sun 14 th June	The Magnificent Seven	Full Day	C
Tue 16 th June	Necropolis	Evening	C
Thu 18 th June	Southern Shores of Loch Lomond	Full Day	C+
Sun 21 st June	Glen Finlas Circular	Full Day	A
Tue 23 rd June	Rouken Glen	Evening	C
Sat 27 th June	Never Mind the Bannocks	Half Day	C+

Sat 4 th July	Hills above Dollar	Full Day	B+
Sat 11 th July	Glen Loin	Full Day	B
Thu 16 th July	Victoria Park and the Fossil Grove	Half Day	C
Sun 19 th July	Ardgowan and Leap Moor	Full Day	B
Tues 21 st July	Committee meeting	Evening	
Sat 25 th July	Glen Devon Circular	Full Day	B
Sat 1 st Aug	River Gryffe	Half Day	C
Sat 8 th Aug	Stobo Castle to Broughton	Full Day	C+
Thu 13 th Aug	Dumfries House Estate	Full Day	C
Sat 15 th Aug	Spectacle E'e Falls and Strathaven Town Walk	Half Day	C+
Sat 22 rd Aug	Whitelees Wind Farm on Eaglesham Moor	Full Day	C+
Sun 30 th Aug	Tomtain, Garrel Hill and Laird's Hill	Full Day	B+
Tues 1 st Sep	Committee meeting	Evening	
Sat 5 th Sep	Auchencruive Trails	Full Day	C+
Tues 8 th Sept	Walk Leaders' meeting	Evening	
Sun 13 th Sep	Furnace and Auchindrain	Full Day	B
Thu 17 th Sep	Largs and the Coastal Path	Full Day	C+
Sat 19 th Sep	Tweedbank to Eildon Hills	Full Day	B
Sun 27 th Sep	Beinn Ime and Beinn Narnain	Full day	A
Sat 3 rd Oct	Rowardennan to Rowchoish and back	Full Day	B
Thu 8 th Oct	Johnstone to Paisley via Gleniffer Braes	Full Day	C+
Sun 11 th Oct	Loch Venacher circuit	Full Day	B
Tue 13 th Oct	A Night at the Opera	Evening	
Sat 17 th Oct	Chatelherault and the Avon Gorge	Half Day	C+
Sun 18 th Oct	Beinn Chabhair	Full Day	A
Sun 25 th Oct	Fiddler's Gill and Craignethan Castle	Full Day	B
Sun 1 st Nov	The Hidden Heritage Trail	Half Day	C+
Tues 3 rd Nov	Committee meeting	Evening	
Sun 8 th Nov	Devil's Cauldron and Melville Monument	Full Day	B+

If you have received this copy of the Programme of Walks through the post, it is because we do not have your current email address.

Several email addresses on the list of members of Glasgow Ramblers are out of date.

If you can provide an email address and are willing to have it forwarded to the Ramblers Association please contact Catherine info@glasgowramblers.org.uk.

Large print copies of this booklet can be obtained on request from info@glasgowramblers.org.uk or

**Barry Pottle,
c/o 15 Newton Terrace,
Glasgow, G3 7PJ.**