

Glasgow Ramblers

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Programme – May to October 2018



The Ramblers is a registered charity (England and Wales no.: 1093577 Scotland no.: SC039799), and a company limited by Guarantee, registered in England and Wales (no. 4458492).
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Glasgow Ramblers

A warm welcome to all the new members who have joined Glasgow Ramblers in the last six months. We hope you have enjoyed walking with the group.

If you are not already one of our valued members, give us a try. We are a very friendly walking group. You are welcome to join us on any walk to see if Glasgow Ramblers is for you. Then once you have experienced the views, fun, company and exhilaration, it is just a case of becoming a member.

The Ramblers has a proud history of over 80 years. In that time thousands of people have been helped to enjoy the great outdoors. Glasgow Ramblers is one of nearly 60 Scottish groups (500 in GB). Across the UK, the Ramblers campaign to protect the natural beauty of our countryside, promote walking and safeguard public access to land.

The Ramblers' website has a huge amount of useful information www.ramblers.org.uk

To keep up-to-date, on the website, sign up for the Ramblers Scotland and Ramblers newsletters

Info for walkers - what you need to know

Please take time to read this section

Walk Grades are on the next page together with explanatory notes.

We ask walkers to contact the leader by phone or email a few days in advance to say that they would like to go on their walk, confirm the transport arrangements and the walk details. Where cars are needed, the leader needs to know well in advance if you require or can offer a lift.

Sometimes last minute changes are necessary. Up-to-date information on walks can be obtained from www.glasgowramblers.org.uk > **walks > current walks programme**

What to wear and what to bring

Warm and fully waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out. Walking poles are not essential but they can be a help on rough ground.

Strong footwear should be worn for all walks. Walking boots are essential on all walks graded Moderate, Strenuous and Technical. On walks graded Leisurely, walking boots are advisable. If you are travelling by car, please bring a change of footwear and a plastic bag for your dirty boots

A packed lunch, small snacks and a cold drink are essential. A flask of hot drink is strongly recommended.

All walkers should carry emergency contact details. The committee has purchased emergency contact key-rings which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration. Barry has been giving these out on walks but if you need one, email him at luckydollar@btinternet.com or send a SAE: c/o Friels, The Cross, Uddingston, Glasgow, G71 7ES

It is recommended that all walkers should carry their own First Aid Kit.

OS Map Numbers are given but this is only for information; it is unnecessary for all walkers to bring a map.

Walk Grades – as of the previous programme we have moved to the Ramblers' National Grades - **Easy Access, Easy, Leisurely, Moderate, Strenuous and Technical.**
The words in italics are added by Glasgow Ramblers as guidance.

Easy Access - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections, please contact the group running the walk for details.

Typically a walk of only a few miles, mainly on paved areas, parks, canal towpaths or similar; any inclines will be relatively short; no stiles, narrow kissing gates or similar obstacles.

Easy - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

A walk in town or in the countryside, mainly on good paths and tracks; no sustained, steep slopes or significant stretches of slippery/uneven surfaces; normally less than 6 miles

Leisurely - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.

A walk in the country that may involve small hills, short sections that are steep, some rough ground or drops close to the route; normally less than 10 miles.

Moderate - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

A walk that may have significant overall ascent or other demanding aspects such as sections of bog or thick heather; on varied surfaces possibly including open hillside; may be in a remote area; also, min grade for a walk of 10+ miles. Would apply to higher walks in the Campsies and Ochils.

Strenuous - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

Demanding walks on mountains and hills with significant overall ascent and/or sustained steep sections; possibility of rocky, slippery and steep surfaces; some easy scrambling possible; also, min grade for a walk of 15+ miles. Typical grade for a Corbett, Munro or very long walk in summer conditions.

Technical - walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes or crampons. You must contact the organiser or leader in advance for further details.

Mountain walks in winter conditions, walks with height exposure and risk from a fall irrespective of the length and height of the walk. Typical grade for a Munro or Corbett in winter conditions or an exposed ridge walk.

Please note that these grades are only a rough guide and we ask walkers to contact the leader in advance for all our walks. Waterproof clothing and boots are recommended for most of our walks - see Info for Walkers

Other information –

- **Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.**
- The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.
- In dubious weather, it is wise to contact the walk leader the day before to check that the walk is going ahead to ask for advice.
- Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In Winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.
- In the interests of safety, the leader may refuse to lead anyone considered to be ill-equipped eg-wearing denim jeans, no waterproofs, unsuitable footwear for the grade of walk. The leader may also put a limit on the number of people on their walk.

Meeting Places

The meeting place for a walk is always given in the walk description.

Our normal meeting places for walks -

Partick Station: outside or just inside the station entrance if it is very wet.

We normally meet here if we are going by car and sometimes where when we catch a train.

The recommended parking for Partick Station is on Beith Street.

Glasgow Central Station: outside M & S Simply Food.

Glasgow Queen Street Station: outside the Main Booking Office.

Glasgow Buchanan Bus Station: by the Travel Information Board.

If you decide to meet the group at the start of the walk, please ensure that the walk leader is aware that you are going to make your own travel arrangements.

Travel costs

Everyone pays their own fares on public transport. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount for car sharing is recommended under the details of each walk. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

How fast do we walk?

As groups are usually made up of members with varying walking abilities, we should all consider those at the back of the party. We want everyone to enjoy our walks so walk leaders will set a pace that suits everyone, taking account of the type of walk and surroundings. On all but the shortest walks, we have breaks for a drink or something to eat along the way.

Dogs Registered Assistance Dogs only are allowed on walks.

Who is liable on a walk?

Please note that neither the Ramblers nor the walk leaders can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

Registering Your Mobile Phone with the Emergency Services

To contact the emergency services by text you have to register your number in advance to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might.

To register your mobile phone, text "register" to 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Group website www.glasgowramblers.org.uk

To get up-to-date information, please check the walks calendar on the web site.

Any changes will appear under *walks > current walks programme*

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the walk report. Ideas – weather, conditions, wildlife seen, views, any features. Any suggestions, stories, photos or comments on the website would be appreciated. To find a walk report go to the website Past walks > Stories and photos from walks.

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to: info@glasgowramblers.org.uk

Facebook

Glasgow Ramblers has a Facebook Page. There is a link to Facebook on the website home page

Parking at Partick

For walks involving car sharing, we usually meet outside Partick Station. With parking meters now in operation in Beith Street and neighbouring areas from Monday to Saturday, all-day parking is not possible. Walks using shared cars should now be held on a Sunday for preference. Be aware you will not be able to leave your car in Partick for any Saturday walks and please plan accordingly

Walk Leaders

New walk leaders are always needed! We have an enthusiastic group of walk leaders but we are always

looking for more as well as for new ideas for walks. Suggesting a walk does not necessitate leading it. If you wish, we will find another walk leader to do the recce with you. Offering just one walk helps take the pressure off those leaders who lead several in order for us to have a walk each week. To plan the programme for November 2018 to April 2019, we shall be holding a meeting on **Tuesday, 4 September at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7:15pm for 7:30**. (Please note you can still submit a walk if you don't wish to come to the meeting).

Each Area of Ramblers Scotland now has an area training officer who will coordinate training across all the groups. We have requested a Walk Leaders Course, First Aid and Intermediate Navigation. If you are interested in participating in any training please email info@glasgowramblers.org.uk or phone 07711268312.

Katy Robinson of Ramblers Scotland is providing induction training for new and prospective walk leaders. The aim is to give walk leaders a greater understanding of what makes a good walk and how to go about delivering one, based on Ramblers guidelines and best practice.

Walks PROGRAMME

Before you contact the leader get up-to-date information on the walk on the website www.glasgowramblers.org.uk > walks > current walks programme

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; and where cars are needed for a walk, if you require or can offer a lift.

Events, meetings and important dates are in italics.

More information on each of these can be found on pages 6 to 8 under NEWS

Sat 5 May 2018 11:30 - 7.2 miles/11.6 km - Moderate (Finishes 15:30 approx.)

[Tom na h-Airidh, Helensburgh](#)

Meet at 10:20: Glasgow Queen Street Station (G1 2AG, NS592655)

Starts at 11:30: Helensburgh Upper Railway Station (G84 9JR, NS299832)

A pleasant walk to the top of a local hill mostly on paths which can be very muddy although there is some open hillside which may be wet. The summit, at 354 m, provides extensive views over Helensburgh, the River Clyde, Kilcraggan Peninsula the Renfrewshire Hills and Arran (on a clear day). We return through woodland and then along the Helensburgh Shore. The entire walk is covered by OS Landranger map 56.

Catch the 10:37 Oban train having bought a return ticket to Helensburgh.

The walk leader will meet walkers at Helensburgh Upper Station.

Linear walk

Restriction: Public

Contact: Idris, 01436673460, idrisscott@live.co.uk

Pace: Moderate

Ascent: 411 meters

Sat 12 May 2018 10:40 - 6 miles/9.7 km - Leisurely

Never Mind the Bannocks

Meet at 09:35: Meet at the Travel Information Board, Buchanan Bus station.

We will take the 9.50 am Scottish Citylink M8 Dundee bus to Whins of Milton. (NS591658)

Starts at 10:40: Bannockburn Heritage Centre, Whins of Milton, Stirling. (NS797906)

Now's the day and now's the hour to join this walk, starting from the National Trust for Scotland's Battle of Bannockburn Centre. We will follow the Bannock Burn, view the Bannockburn Falls, visit the village of Bannockburn, and pass the site where it is believed the Battle of Bannockburn took place in 1314. Our route will take us across a footbridge at Milton Ford, used by every army heading north from Roman to Jacobite times, over the 15th century Spittal's Bridge and under the railway at the "Thunder Bridge". Other features will include the impressive Telford's Bridge, the Yellow Hill and St. Ninian's. When we arrive back at the Battle of Bannockburn Centre, walkers can choose to visit the exhibition (charge for non-members of NTS) and/or have lunch at the café, before returning to Glasgow. English people are very welcome to join the walk, and won't be sent homeward to think again, but don't mention the War (of Independence)!

Circular walk

Restriction: Public

Contact: Barry, 01417722263, luckydollar@btinternet.com

15 May – Committee Meeting at The Unitarian Church Centre, 72 Berkeley Street at 6:45 pm. Anyone wishing to attend, should contact Barry (luckydollar@btinternet.com or 0141-772 2263) by 5pm on the Friday before the meeting

Sat 19 May 2018 10:15 - 11 miles/17.7 km - Moderate

A Clydesdale Ramble

Meet at 09:00: Meet outside M&S Simply Foods in Glasgow Central Station at 9am having purchased a return ticket to Lanark. We will catch the 9.21 train to Lanark, and then will return from Carluke Railway Station at the end of the walk. (G2 8AQ, NS587651)

Starts at 10:15: Lanark Railway Station (ML11 7NR, NS886436)

A linear walk from Lanark to Carluke including the River Clyde Walkway, Clyde Valley Woodlands National Nature Reserve and following minor roads and paths to the finishing point.

Linear walk

Restriction: Public

Contact: Gareth, 0141 571 0394, garethm62@hotmail.com

Sat 19 May 2018 10:30 - 4 miles/6.4 km - Easy

Linn Park LNR / Holmyre Woods / Netherton Braes

Meet at 10:25: Park on Holmyre Road, G45 9QD

When you contact the leader ask for precise location. (G45 9QD, NS589583)

Starts at 10:30: Look for the council van on Holmyre Road (G45 9QD, NS589583)

This walk is part of the Glasgow & West of Scotland family Walking Group.

This is a walk as leaves and returns to the old Mid Netherton Farm. The route initially heads along the farm's field access track.

But is ultimately circular and rewards throughout in woodland walking. You'll enjoy bonnie bluebells in fine array in the Cart & Kittoch Valleys SSSI (Netherton Braes). A delightful walk of no great elevation change and approx. 2hrs in duration.

Circular walk

Restriction: Public

Contact: Gary, 07919 228174, gary.linstead@glasgow.gov.uk

Thu 24 May 2018 10:20 - 10 miles/16.1 km - Leisurely

Chatelherault Country Park

Starts at 10:20: Chatelherault Railway Station

The 09.44 train from Glasgow Central gets into Chatelherault at 10.18 (ML3 7WS, NS743542)

A circular 10 mile walk in the beautiful Chatelherault Country Park.

Walkers should make their own way to the start of the walk. The leader will meet walkers at Chatelherault Railway Station at 10.20 am

Circular walk

Restriction: Public

Contact: John B, 0141 647 8371

Sun 27 May 2018 - 1 miles/1.6 km - Easy Access

Inchmahome

Meet at 09:00: Meet outside Partick Station at 9 am (G11 6BZ, NS556665)

Starts: The walk will start with a ferry trip over to the island. Car drivers should park at the Boatshed, Port of Menteith, By Kippen, Stirling, FK8 3RA (FK8 3RA, NN583010)

Inchmahome is the the largest of three islands in the Lake of Menteith. The leader will have lots of stories about the history of the Priory and Mary, Queen of Scots. Although Mary was only on the island for a matter of weeks, at the age of five, fanciful stories have grown up around her on the island. it is said that, it was here that she started to learn languages, held a mock court with the Four Maries, planted a box hedge and did some needle work.

There will be a cost for the ferry and the visit to the island. The leader will advise.

The return journey to Port of Menteith is 56 miles and the recommended passenger contribution is £5.60

Circular walk

Restriction: Member only

Contact: Catherine V, 0141 954 4433, catherinevost@gmail.com

Sat 2 June 2018 10:30 - 9 miles/14.5 km - Strenuous (Finishes 17:30 approx.)

Beinn Narnain and Beinn Ime by bus

Meet at 09:00: Meet at the bus station with a return ticket to Arrochar for the 09.15 bus and a return ticket for the 18.08. Please note the bus time might change with the summer timetable. (G2 3NW, NS591658)

Starts at 10:30: The Succoth Car Park near Arrochar. We should be getting off the bus at 10.30 (G83 7AP, NN294049)

Two Munros for the price of one bus ticket!

From Arrochar we'll climb up the old Cobbler path, aka "the Bobby Robb Route", followed by some very mild scrambling onto Beinn Narnain, then down to the bealach and up the long, somewhat boggy slope to Beinn Ime. We'll take the new Cobbler path back down to Arrochar, hopefully in time for a pint before the 6 o'clock bus home. The bus might be busy in the summer, so you'll want to book your ticket in advance. The leader reserves the right to change the walk in the event of bad weather.

Circular walk

Restriction: Public

Contact: Steve, 07967 053051 , chompmancobra@hotmail.com

Ascent: 1325 meters

Thu 7 June 2018 10:05 - 5 miles/8.1 km - Easy

Dumbarton and the Rock

Meet at 09:25: Meet the leader outside Partick Station at 9:25am having purchased a return ticket to Dumbarton Central for the 9:39 am Helensburgh train. Walkers can catch the 9:32 am Helensburgh train from Glasgow Queen Street and meet the leader on the train or on arrival at Dumbarton Central at 10:01am. (G11 6RY, NS556665)

Starts at 10:05: Walk starts at Dumbarton Central Railway Station at 10.05 am (NS397756)

This is a walk of approximately 3 hours starting at Dumbarton Central. We will be walking on pavements, riverside and parkland paths. The walk passes many fine buildings linked to the town's industrial and historical past. In sharp contrast, the walk goes through the peaceful Levensgrove Park finishing with a visit to the craggy iconic Rock with its strategically placed Castle. The views from the White Tower Crag are stunning. The admission price is £5, £4 (concession) or free to Historic Scotland members. There are 547 steps throughout the castle but we will go slowly.

We will return from Dumbarton East.

Linear walk

Restriction: Public

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sun 10 June 2018 09:30 - 14 miles/22.5 km - Moderate

Loch Leven Heritage Trail

Meet at 08:00: Meet outside Partick Station at 8 am (G11 6RY, NS556665)

Starts at 09:30: The walk will start from the car park at Kirkgate Point, Kinross when walkers arrive. (KY13 8ET, NO128018)

A walk around the Loch Leven Heritage Trail. The track is level but long. It links the natural, historic and cultural heritage around Loch Leven. The loch is a National Nature Reserve providing a haven for wildlife.

The leader has booked a fourteen seater mini-bus and with a couple of cars we will be limiting the group to 22.

This walk is only open to members Glasgow Ramblers.

The return distance is 98 miles and the recommended passenger contribution £9.80

Circular walk

Restriction: Member only

Contact: Gary, 07919 228174, gary.linstead@glasgow.gov.uk

Tue 12 June 2018 18:50 - 4 miles/6.4 km - Easy (Finishes 20:45 approx.)

The Hidden Loch

Meet at 18:20: Meet at Partick Station at 18:20, to catch the 18:32 train to Milngavie. The leader will join the train at Anniesland, and meet the party on arrival at Milngavie at 18:49. (G11 6RY, NS556665)

Starts at 18:50: Milngavie Station (G62 8BS, NS555744)

An evening stroll along paths and tracks around Milngavie. The walk will follow a section of the Allander Walkway, and paths through the valley of the Craighdu burn. At the halfway point, the walk circles Kilmardinny Loch, which lies in a hollow surrounded by trees. The walk will finish in Milngavie town centre, close to the station.

Distance is 4 miles, on good paths and pavements, with a few minor gradients, and one flight of steps.

Circular walk

Restriction: Public

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Sat 16 June 2018 09:30 - 7 miles/11.3 km - Moderate

Beinn Eich (Luss Hills)

Meet at 08:15: Meet at Buchanan Bus Station under the information board at 08.15 for the 08.30 bus (G2 3NW, NS591658)

Starts at 09:30: Meet in Luss at the footbridge over the main road. We should be getting off the bus at 9.27 (G83 8NZ, NS360929)

Maria and Fiona will lead a walk up Beinn Eich, a Graham in the Luss Hills. We'll be taking the bus to Luss then climbing the hill for what should be some lovely views, then back the same way.

Bus times to be confirmed prior to the walk. Check the walk description on our website.

Circular walk

Restriction: Public

Contact: Maria, 07774043121, mariaglasgow@hotmail.com

Ascent: 703 meters

Sun 24 June 2018 10:15 - 5 miles/8.1 km - Leisurely

Kilchattan bay circular

Meet at 07:35: Meet outside Marks and Spencer Food at 7.35 having bought a return ticket to Rothesay. We'll take the 7.50 train to Wemyss Bay. From Rothesay we'll take the bus to Kilchattan Bay. (G2 8AQ, NS587651)

Starts at 10:15: Kilchattan (PA20 9NW, NS103548)

A circular walk following the first stage of the West Island Way on Bute.

(Please note the very early start.)

There is a little scrambling on the first part of the walk, but it is not otherwise challenging.

Circular walk

Restriction: Public

Contact: Susan, 0141 339 7127, susan.stuart@ntlworld.com

Pace: Moderate

Tue 26 June 2018 19:00 - 3 miles/4.8 km - Easy

Rouken Glen

Meet at 18:20: Meet outside Marks & Spencer Simply Foods, Glasgow Central Station.

We will take the 18.35 Neilston train to Whitecraigs. (G1 3SL, NS588653)

Starts at 19:00: Entrance to Rouken Glen Park, next to Whitecraigs Railway Station. (NS552574)

Entering the park immediately adjacent to Whitecraigs Station, we will walk round the boating pond and then across open parkland, passing the Pavilion built in 1910 and refurbished in 2013, to reach old estate buildings.

We will then head down to the Auldhouse Burn, passing the ruins of Rock-End Mill, which gave the glen its name.

After walking alongside the burn, we will climb steps next to spectacular waterfalls, cross The Meadows to explore some woodland, then return to the boating pond to exit the park.

Circular walk

Restriction: Public

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sat 30 June 2018 - 7.3 miles/11.7 km - Leisurely (Finishes 15:00 approx.)

Greenock Cut

Meet at 09:40: Outside M&S Foods at Glasgow Central Station to get the 9:57 train having purchased a return ticket to Drumfrochar. (G2 8AQ, NS587651)

Starts: Drumfrochar Railway Station (PA15 4HU, NS268754)

An Aqueduct now a Designated Ancient Monument above Greenock with fantastic views over the Clyde. From Drumfrochar Station there is a 10/15 minute slightly more than gentle uphill section to reach the Cut. From there it is mainly flat except for another slight uphill section on the way back to Drumfrochar Station.

There is a visitors Centre half round and a cafe at Cornalees that might be useful.

Leader would prefer to be contacted by email. The meeting time and start time is tentative until the train timetable is available.

Circular walk

Restriction: Public

Contact: Jennifer, 07796655055, jgilmour590@gmail.com

Thu 5 July 2018 10:00 - 5 miles/8.1 km - Easy

Kilwinning

Meet at 09:20: Meet at 9:20 outside Simply Foods, Central Station.

Purchase a return ticket to Kilwinning for the 9:31 Ayr train (G2 8AQ, NS587651)

Starts at 10:00: We arrive at Kilwinning station at 9.56 (KA13 6JP, NS296436)

Bert and Rae from Cunninghame Ramblers have kindly offered to lead a walk for us around Kilwinning. In the morning, we will walk to Eglington Park where there is a cafe. On our return, we will be given a tour of the Heritage Centre and then climb to the top of the tower with exceptional views over Ayrshire

Circular walk

Restriction: Public

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sat 7 July 2018 11:00 - 5 miles/8.1 km - Moderate (Finishes 00:00 approx.)

Blaeloch Hill

Meet at 09:30: Central Station: meet outside Simply Foods at 9.30 for the 09.48 train (with a return ticket to Fairlie) (G2 8AQ, NS587651)

Starts at 11:00: KA29 0DX, NS210546

A circular walk from Fairlie station, taking in Blaeloch Hill. From the station, the path leads steeply through the woods of Fairlie Glen. It then climbs through heath and moorland. The path, which is boggy in parts, passes near a wind farm and aircraft wreckage before reaching the summit cairn. From the top, on a clear day, there are great views of the Firth of Clyde.

Circular walk

Restriction: Public

Contact: Lorna, 07791194845, lornas1076@btinternet.com

10 July – Committee Meeting at The Unitarian Church Centre, 72 Berkeley Street at 6:45 pm. Anyone wishing to attend, should contact Barry (luckydollar@btinternet.com or 0141-772 2263) by 5pm on the Friday before the meeting

Sun 15 July 2018 10:15 - 9 miles/14.5 km - Moderate (Finishes 00:00 approx.)

Glen Sherup

Meet at 09:00: Meet at Partick Station at 9am (G11 6RY, NS556665)

Starts at 10:15: Glensherup car park when walkers arrive (G11 6RY, NS556665)

A 9 mile walk in Glensherup, which is near Glendevon in the Ochils

100 mile round trip, suggested passenger contribution £10

Circular walk

Restriction: Member only

Contact: John Mc, 0141 773 0409, squareloaf@talktalk.net

Sat 21 July 2018 09:00 - 27 miles/43.5 km - Leisurely (Finishes 23:30 approx.)

Not a walk but a cycle ride!

Starts at 09:00: Meet at 9 am in the car park at the back of the Kelvingrove Museum. Either cycle there or bring your bike by car (there is a charge to park), (G3 7TG, NS570660)

The leader, who is a keen cyclist has offered to lead a group on bikes from Kelvingrove to Balloch and back with the option of returning from Balloch by train.

Please ensure that your tyres are fully inflated and that you carry a pump. You must wear a helmet. Bring lunch and a drink.

Circular walk

Restriction: Public

Contact: Catherine V, 0141 954 4433, catherinevost@gmail.com

Sun 22 July 2018 10:00 - 10 miles/16.1 km - Leisurely (Finishes 15:30 approx.)

Rosneath Peninsula

Meet at 08:30: Partick Railway Station (G11 6RY, NS556665)

Starts at 10:00: Car park on Shore Street Kilcreggan. (G84 0JH, NS241804)

10 miles of forestry tracks and road walking. Nice views of Gareloch and Loch Long.

An undulating circular walk starting at sea level and initially climbing up to 200 metres above OD.

The recommended passenger contribution to the driver is £7.50 (a round trip of 75 miles at 10p per mile)

Circular walk

Restriction: Member only

Contact: Tony, 0141 942 4777, antonyrosslyn51@yahoo.co.uk

Thu 26 July 2018 10:00 - 7 miles/11.3 km - Leisurely

Kilsyth Circular

Starts at 10:00: Meet at Queen Street station with a return ticket to Croy (NS592655)

A 7 mile walk in the Kilsyth area

Circular walk

Restriction: Public

Contact: John Mc, 0141 773 0409, squareloaf@talktalk.net

Pace: moderate

Sun 29 July 2018 09:45 - 4.5 miles/7.2 km - Leisurely

Spectacle E'e Falls and Strathaven Town

Meet at 09:00: Meet outside Partick train station. (G11 6BU, NS556665)

Starts at 09:45: Station Road car park, Strathaven. (NS702443)

A 3 mile (5km) country walk from Strathaven, past a spectacular waterfall. There is one short steep section but there are steps and a handrail. Then a 1½ mile (2 km) walk around the town.

Circular walk

Restriction: Public

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sun 5 August 2018 10:00 - 11 miles/17.7 km - Moderate (Finishes 00:00 approx.)

Glen Loin

Meet at 09:00: Outside Partick Station (G11 6RY, NS556665)

Starts at 10:00: Car park between Arrochar and Succoth (G83 7AJ, NN298049)

A long circuit through the glens to the North of Arrochar with some excellent views.

80 mile round trip; suggested passenger contribution £8; there may also be a charge for the car park

Circular walk

Restriction: Member only

Contact: John Mc, 0141 773 0409, squareloaf@talktalk.net

Ascent: 450 meters

Sun 12 August 2018 10:00 - 7.5 miles/12.1 km - Leisurely

Auchincruive Trails

Meet at 09:00: Meet outside Partick train station. (G11 6BU, NS556665)

Starts at 10:00: Auchincruive Agricultural College, near Ayr. (KA6 5HW, NS378236)

A combination of 3 short circular walks (each around 2½ miles/4 km), all starting and finishing at Auchincruive Agricultural College, near Ayr. Oswald's Trail follows the River Ayr, then returns through the College grounds.

The Waggonway Trail uses the route of a former coal waggonway to "Wallace's Seat", a promontory high above the River Ayr, then takes a meandering route through the countryside. The Farm Trail provides splendid views (weather permitting) both inland and out over the Firth of Clyde.

72 mile round trip: suggested passenger contribution of £7.20

Circular walk

Restriction: Public

Contact: Barry, 01417722263, luckydollar@btinternet.com

Thu 16 August 2018 10:45 - 6.5 miles/10.5 km - Leisurely

The Three Valleys, Lanark

Meet at 09:40: Meet outside M & S at Glasgow Central Station at 9.40am (after purchasing a return ticket to Lanark) to catch the 9.50am train to Lanark, arriving 10.43am. (G2 8AQ, NS587651)

Starts at 10:45: The walk will start from Lanark Railway Station when the train arrives from Glasgow Central at 10.43 (ML11 7NR, NS885435)

The route will take in the Mouse Valley, Lee Valley and Clyde Valley, passing through the villages of Cartland and Nemphlar. Quiet back roads and tracks (can be muddy in places) with some short but steep ascents and descents.

Circular walk

Restriction: Public

Contact: Gill, 0781 516 7047, alanandgillowen@btinternet.com

Sat 18 August 2018 10:35 - 11 miles/17.7 km - Leisurely

Limekilns to Kincardine

Meet at 08:30: Glasgow Buchanan Bus Station

At information board

Catching 8.50 X26 bus to Dunfermline, Stance 4 (G2 3NW, NS591658)

Starts at 10:35: Bus stop opposite Bruce Arms Hotel on Promenade (KY11 3JQ, NT080832)

The walk is the first stage of the Fife Coastal path in reverse.

It is on mostly flat terrain on easy made up path. We will pass Tory Bay Nature Reserve, Longannet and Culross .

Linear walk

Restriction: Public

Contact: Judith, 07845151491, jansell243@btinternet.com

Sun 26 August 2018 10:15 - 9 miles/14.5 km - Moderate

West Island Way (Bute) part 2

Meet at 07:35: Meet outside Marks and Spencer food in Central Station having bought a return ticket to Rothesay (NS587651)

Starts at 10:15: Kilchattan Bay (PA20 9NN, NS102549)

This is the second section of the West Island Way, following the trail from Kilchattan back to Rothesay.

From Rothesay we will take the bus to Kilchattan

Linear walk

Restriction: Public

Contact: Susan, 0141 339 7127, susan.stuart@ntlworld.com

Pace: Moderate

Sun 2 September 2018 10:15 - 7 miles/11.3 km - Strenuous (Finishes 15:30 approx.)

Tinto and Lochlyock Hill

Meet at 09:00: Meet outside Partick Station (G11 6RY, NS556665)

Starts at 10:15: The public car park at the Thankerton crossroads on the A73 between Lanark and Symington. (ML12 6PD, NS965377)

A steep ascent to the summit of Tinto at 707 m, then a ridge walk to Lochlyock Hill (529 m) and a return on country roads. Landranger 72.

The recommended passenger contribution to the driver is £8.60 (a round trip of 86 miles at 10p per mile)

Circular walk

Restriction: Public

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sat 8 September 2018 10:00 - 7 miles/11.3 km - Moderate (Finishes 00:00 approx.)

The Cobbler, Arrochar

Starts at 10:00: Succoth Car Park on A83 (G83 7AP, NN294048)

Meet at Travel Information Board, Buchanan Bus Station to take citylink bus to Arrochar NN294048. Time to be arranged when new timetables are available. As it will still be holiday season, I suggest booking your ticket well in advance. For car drivers, there is a car park at Succoth on the A83, for which there is a small charge. All walkers to meet here. Exact time to follow.

Extremely popular ascent of 920m which offers breathtaking views. Clear paths with some steep rocky sections particularly on the descent.

Circular walk

Restriction: Public

Contact: Maggie, 07737601852, magcairns@gmail.com

Thu 13 September 2018 10:15 - 7 miles/11.3 km - Leisurely (Finishes 14:15 approx.)

Hill House and Highlandmans Road

Meet at 09:25: Meet outside Partick Station at 9.25 am having purchased a return ticket for the 9.39 am train to Helensburgh Central. The leader will join the train at Hyndland, and meet the party on the train or on arrival at Helensburgh Central at 10:16 (G11 6RY, NS556665)

Starts at 10:15: G84 7QF, NS296823

The seaside town of Helensburgh is a pleasant start point for a walk. This excursion will explore the countryside and seascape around the town, and will visit the neighbouring village of Rhu. The walk starts at Helensburgh Central station, and proceeds gradually uphill along tree lined streets to Hill House. It then follows the Upland Way and Highlandmans Road, with good views over the Clyde Estuary and Roseneath peninsula, and descends to the village of Rhu, a village once linked to Roseneath by ferry, where some historical heritage will be explored. The return to Helensburgh is along the shoreline. Distance is 7 miles, on paths, tracks, and pavements. There is a gradual ascent to Hill House at the start of the walk.

Meet outside Partick Station at 9.25 am having purchased a return ticket for the 9.39 am train to Helensburgh Central. The leader will join the train at Hyndland, and meet the party on the train or on arrival at Helensburgh Central at 10:16.

Circular walk

Restriction: Public

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Sat 15 September 2018 - 12 miles/19.3 km - Leisurely

Water of Leith

Meet at 08:50: Meet at Glasgow Queen Street in front of the barriers at 8.50 having purchased a return ticket for the 9 am train to Edinburgh Waverley. (G1 2AF, NS592655)

Starts: The walk will start from Balerno High School when the no 44 bus arrives (EH14 7AQ, NT162667)

Discover "a silver thread in a ribbon of green" flowing through Edinburgh. The 12 mile walk starts in Balerno and follows the river all the way to Leith. There is a Visitor Centre with exhibitions and cafe halfway along the walkway. It is a flat walk with some steps.

Travel will be by train to Haymarket, bus to Balerno and return from Leith by bus to Edinburgh Waverley and then back to Glasgow by train.

Walkers could easily shorten the walk and leave at any access point.

Walkers could meet the leader at Balerno High School and at the end of the walk return by public transport from Leith to Balerno. The group would arrive at the starting point some time after 9.35 am

Circular walk

Restriction: Public

Contact: Alan, 07720843353, alan@cawatt.scot

Sun 23 September 2018 10:30 - 6.8 miles/11 km - Strenuous

Beinn Chorrnach

Meet at 09:00: Meet outside Partick Station (G11 6RY, NS556665)

Starts at 10:30: Butterbridge car park on A83 a short distance after Rest and be Thankful. (G83 7AS, NN234096)

A walk from Butterbridge along Glen Kinglas and Glen Uaine to reach a summit height of 888 metres on Beinn Chorrnach. Total ascent 705 metres. A steep climb on rough hillside then descending to the coll between Beinn Chorrnach and Ben Ime then back to Butterbridge. Walk on Estate roads and wet, steep grassy hillsides.

Distance 11 km. Duration 5 hours. OS map 56.

suggested passenger contribution at 10p per mile for an 85 mile round trip is £8.50

Circular walk

Restriction: Public

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

Ascent: 705 meters

Fri 28 September 2018 15:00 - 3 miles/4.8 km - Easy (Finishes 17:30 approx.)

BERWICK WEEKEND AWAY -The Lowry Trail

Starts at 15:00: Dewar's Lane in centre of Berwick (TD15 2EX, NT993524)

We have booked B&B accomodation at Berwick Youth Hostel. Cost is £52.50 per person for two nights (28/9/18 and 29/9/18). To secure a place contact Bobby.

A three miles flat walk around Berwick, Tweedmouth and Spittal. Thie walk is mainly off road with some sections on public roads with minimal traffic. Duration two and a half hours.

Circular walk

Restriction: Public

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

Pace: easy

Sat 29 September 2018 09:00 - 13 miles/20.9 km - Moderate (Finishes 16:00 approx.)

Along the Tweed to Norham Castle

Starts at 09:00: Berwick upon Tweed Youth Hostel (TD15 1HJ, NT998527)

A walk along the river bank via Paxton House and Union Bridge to Norham Castle. Return to Berwick by bus.

There will be an opportunity to look round Norham Castle at the end of the walk. We will return to Berwick upon Tweed by bus.

Linear walk

Restriction: Public

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sat 29 September 2018 10:00 - 8.1 miles/13 km - Strenuous (Finishes 15:30 approx.)

Berwick Weekend Away The Cheviot

Starts at 10:00: Langleeford at the end of a single track road. Parking spaces at roadside. (NE71 6RG, NT949219)

A strenuous walk up the famous Cheviot which stands at a height of 815 metres and straddles the Scottish border with the summit being in England. Walk distance 13 kilometres with 638 m of ascent from the parking place at Langleeford which is a 20 minutes drive from Wooler. Five and a half hours duration to complete walk. Meet at Berwick YH 9.00 am.

Returning via Scald Hill (549 metres).

Circular walk

Restriction: Public

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

Pace: moderate

Ascent: 638 meters

Sun 30 September 2018 09:30 - 9 miles/14.5 km - Moderate (Finishes 14:30 approx.)

Around Bamburgh

Meet at 09:00: Berwick upon Tweed Youth Hostel (TD15 1HJ, NT998527)

Starts at 09:30: NE69 7DF, NU182350

A walk from historic Bamburgh Castle along the North Sea shore, through dunes and across coastal countryside. Car sharing will be necessary for this walk to take place.

Circular walk

Restriction: Public

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sun 30 September 2018 10:30 - 5 miles/8 km - Leisurely (Finishes 13:30 approx.)

Berwick Weekend Away St Abbs Head Circular

Starts at 10:30: Parking above Coldingham Bay beach. (TD14 5PL, NT917674)

A coastal walk from Coldingham on part of the Berwickshire Coastal Path passing the village of St Abbs and the lighthouse. 8km with 140 m of ascent mainly on good tracks with some road walking. Meet at Berwick YH at 10.00 am. 3.00 hours duration. It is hoped to meet Ian's group before we return home.

Some short steep uphill and downhill sections.

Circular walk

Restriction: Public

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

Pace: Easy

2 October – Committee Meeting at The Unitarian Church Centre, 72 Berkeley Street at 6:45 pm. Anyone wishing to attend, should contact Barry (luckydollar@btinternet.com or 0141-772 2263) by 5pm on the Friday before the meeting

Thu 4 October 2018 10:15 - 8 miles/12.9 km - Leisurely

Falls of Clyde

Meet at 09:10: Meet Glasgow Central Station at 09:10 outside M & S Simply Foods having purchased a return ticket to Lanark for the 09:21 train. (G2 8AQ, NS587651)

Starts at 10:15: Starts at 10:15: Lanark Railway Station (ML11 7NR, NS885435) (ML11 7NR, NS885435)

From Lanark Station we will walk down to New Lanark, a UNESCO World Heritage Site, then along the wooded riverbank to the spectacular Falls of Clyde. Crossing the river at the Bonnington Linn, the walk takes us past Corra Castle to Kirkfieldbank, through a park and back to the station. There are good woodland paths but they may be muddy at times.

Circular walk

Restriction: Public

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sat 6 October 2018 10:00 - 6 miles/9.7 km - Moderate (Finishes 14:30 approx.)

Wemyss Bay to Largs

Meet at 08:40: Meet outside M&S Simply Food at 8.40, ready to take the 8.55 train to Wemyss Bay. Note that you should buy a return ticket to Largs. (G2 8AQ, NS587651)

Starts at 10:00: PA18 6AR, NS193685

A linear walk along the Ayrshire Coastal Path – though not on the shore – climbing to 217 m. Minor roads, tracks and hill paths. The walk starts at Wemyss Bay railway station, and we will return by train from Largs.

Note that you should buy a return ticket to Largs.

Linear walk

Restriction: Public

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sun 14 October 2018 - 10 miles/16.1 km - Moderate

A Biggar Circle

Meet at 09:00: Meet outside Partick Station at 9 am (G11 6RY, NS556665)

Starts: Biggar Golf Club Car Park when the cars arrive (ML12 6AQ, NT044372)

A 10 mile walk 200m ascent. Starting from Biggar Golf Club Car Park, we will follow the old railway line to Broughton and then across rougher ground and low hills to Skirling returning to the start on quiet country roads.

The return trip is 100 miles. The recommended passenger contribution to the driver is £10

Circular walk

Restriction: Public

Contact: Alan, 07720843353, alan@cawatt.scot

Sun 21 October 2018 09:40 - 10 miles/16.1 km - Moderate (Finishes 15:00 approx.)

Fiddler's Gill and Craignethan Castle

Meet at 09:00: Meet at Partick train station (G11 6BU, NS556665)

Starts at 09:40: Car park behind Crossford Village Hall, South Lanarkshire. (ML8 5RE, NS825467)

Two walks on opposite sides of River Clyde, both starting at Crossford, South Lanarkshire. Fiddler's Gill walk is 6 miles (10km) with 525ft (160m) ascent. Craignethan Castle walk is 4 miles (6 km) with 500 ft (140m) of ascent and goes past the castle but, if the majority of walkers wish, and if time allows, we can go in and visit the castle (admission charge for those not members of Historic Scotland).

50 mile round trip: suggested passenger contribution £5

Circular walk

Restriction: Public

Contact: Barry, 01417722263, luckydollar@btinternet.com

Weekend of 26/27 October: walk to be confirmed.

Please check the Glasgow Ramblers website closer to the time. Please feel free to offer to lead a walk on this date, if you'd like to.