



**ramblers scotland**  
at the heart of walking

# **Glasgow Ramblers**

## **Programme of Walks**

### **November 2014 – 2 May, 2015**

All the information in this booklet can also be found on the website:  
**[www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk)**

If you require more information email - **[info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk)**  
or visit: **[www.facebook.com/glasgowramblers.public](https://www.facebook.com/glasgowramblers.public)**

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The Ramblers' Association is a registered charity (England and Wales no.: 1093577 Scotland no.: SC039799), and a company limited by Guarantee, registered in England and Wales (no. 4458492).

Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London, SE1 7

## What You Need to Know

The Ramblers is the representative body for walkers. For over 75 years we have been campaigning in Great Britain to protect the natural beauty of our countryside, promote walking and safeguard public access to land. There is a network of around 500 Groups (nearly 60 in Scotland), which promote walking through regular Programmes of Walks and support the other objectives of The Ramblers.

**Ramblers Scotland's website is [www.ramblers.org.uk/scotland](http://www.ramblers.org.uk/scotland)**

### What grade of walk to choose

Please read these notes on walk grades carefully as they contain important advice for those taking part in walks. Each walk in the Programme has a grade, but please also note any extra information provided under the individual walks.

- A+** Severe. Arduous walks for the experienced and very fit, involving some or all of the following factors: on high ground with exposure; steep ascents and descents; at a brisk pace; distance over 15 miles. Standard grading for hill walking in winter conditions.
- A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; steep ascents and descents; distances over 15 miles.
- B+** Between Moderate and Strenuous. For the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
- B** Moderate. Demanding higher standards of fitness and stamina than C+.
- C+** Easy to Moderate. For those with improving fitness, offering some modest challenges.
- C** Easy. Mainly on level ground and often on paths and tracks. The grade of walk is suitable for beginners.

*Please note that the grades for walks are intended only as a rough guide. For information on a particular walk, always contact the leader beforehand.*

The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.

In dubious weather, it is wise to contact the walk leader beforehand for advice.

Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.

In the interests of safety, the leader may refuse to lead anyone whom he/she considers to be unsuitably equipped.

**All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.**

**Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.**

### **What to wear and what to bring**

- Warm and waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out.
- Strong footwear should be worn for all walks. Walking boots are essential on all Grade A walks and on most Grade B walks, and are advisable on most Grade C walks other than town walks.
- A packed lunch, small snacks and cold drinks are essential. A flask of hot drink is strongly recommended.
- All walkers should carry emergency contact details. The committee has purchased **emergency contact key-rings** which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration.

Barry has been giving these out on walks but, if you still do not have one, email him at [luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or send a SAE to him

c/o 15 Newton Terrace, Glasgow, G3 7PJ

- It is recommended that all walkers should carry their own First Aid Kit.
- Members of The Ramblers should carry their Membership Card on all walks.
- OS Map Numbers are given in the Programme for each walk, but this is only for the information of those who wish it; it is not necessary for all walkers to bring a map with them.

### **Registering Your Mobile Phone with the Emergency Services**

Those of us who attended the first-aid course last January were reminded about the advantages of using the number 112 to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might. To register any mobile phone, text "register" to 112 or 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life. However, to contact the emergency services by text you have to register your number in advance. 112 is the international number and 999 the UK one for contacting emergency services.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

### **Dogs**

Registered Assistance Dogs only are allowed on walks.

## Travel to the start of the walk

See Programme for details of the normal meeting place, but please also check the details of the individual walk, in case the meeting place for that walk is at a different place. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount is recommended under the details of each walk except where public transport is to be used. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

## What happens on the walk?

As groups are usually made up of members with varying walking abilities, all walkers should consider those at the back of the party. Walk leaders especially are reminded that they must set and control the pace of the walk to reflect these differing abilities, and must not allow the pace of the walk to be dictated by a few members of the party who may tend to force the pace. Failure to observe these considerations may deter members from fully enjoying the walk or from tackling higher grades of walk at a future date.

## Who is liable on a walk?

Please note that neither the Ramblers Association nor the walk leaders of individual walks can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

## Group website      [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk)

To get up-to-date information, please check our blog which you can access from the web site, [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk), under *news > our blog* to see if any changes have been made to a forthcoming walk. **Any changes will also appear under: *walks programme > current walk programme*.**

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the Glasgow Ramblers' Blog. Ideas – weather, conditions, wildlife seen, views, any features. The blog, Glasgow Rambles, needs to be kept up to date. Any other suggestions or comments on the website would be appreciated. Please email photographs, blog entries, suggestions and comments to [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk).

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes, should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk)

## Facebook

Glasgow Ramblers has a Facebook Page linked to the website. Even though you do not have a Facebook account you can still look at the up-to-date information on the page. However, if you want to upload your own photos on, or view, other people's comments you need to sign in from a Facebook account. Facebook can be accessed from the web site: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk), under *news > our facebook page* or at: [www.facebook.com/glasgowramblers.public](http://www.facebook.com/glasgowramblers.public)

## **Meeting Place - See Page 7 for map**

The normal meeting place, for walks not accessed by public transport from central Glasgow, is outside the entrance to Partick Station as shown on the previous page. Cars will be taken from here to the start of the walk. Recommended car parking is in Beith Street.

## **News**

### **Committee Meetings**

Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on Tuesday, 11<sup>th</sup> November 2014; Tuesday, 20<sup>th</sup> January 2015; and Tuesday, 3<sup>rd</sup> March, 2015 at The Unitarian Church Centre, 72 Berkeley Street in the basement room, at 6.30pm for 7:00pm. Anyone wishing to attend a meeting, please contact Barry (luckydollar@btinternet.com or 0141-772 2263) not later than 5:00 pm on the Friday before the meeting.

### **Social Evening      Friday, 19<sup>th</sup> December**

#### **Organiser: Bobby (bobby\_robb@hotmail.com or 0141 573 4781)**

It is a long time since Glasgow Ramblers have held a Christmas social event. However, a Christmas meal has been booked at The Carlton George Hotel, 44 West George Street, Glasgow. The hotel is just off George Square and next to Queen Street Station. The table is booked for 7:00pm, currently for 15 people, but may possibly be increased if there is sufficient interest. Please meet at the restaurant on the 7<sup>th</sup> floor before 7.00 pm. Cost per person, including tip is £26. Please contact Bobby Robb if you wish to book a place. Payment must be paid in full by 12/11/2014 by cheque to Bobby Robb.

Menu: [http://www.carlton.nl/d/george/media/Windows\\_Christmas\\_Menu\\_copy.pdf](http://www.carlton.nl/d/george/media/Windows_Christmas_Menu_copy.pdf)

### **Festival of Winter Walks**

From 20<sup>th</sup> December to 4<sup>th</sup> January 2015, across Britain, Ramblers groups are organising a fortnight of walks exploring our wintery landscapes. Walks are open to everyone and there are hundreds of free group walks to choose from. To find a walk near you, visit [www.ramblers.org.uk](http://www.ramblers.org.uk).

### **Climb an iconic Scottish West Coast Island**

On 26<sup>th</sup> April 2015, Bobby Robb is leading a trip to the island of Ailsa Craig that sits 10 miles offshore from Girvan. Places will be limited to 12 people, the maximum capacity of the boat, and places will be allocated on a first come first served basis. Full details are given in the programme section.

### **Get Out Walking Week**

People around the UK are being encouraged to get out on their feet and discover the wonders of walking during the Ramblers free short walks festival from 3<sup>rd</sup> to the 10<sup>th</sup> May 2015.

## **Medal Routes – new App**

The Medal Routes project, supported by Ordnance Survey, has created a mobile phone App for Apple and Android devices. Download it for free and find hundreds of Medal Routes to walk across Scotland by visiting: [www.medalroutes.org](http://www.medalroutes.org). Medal Routes has launched its 100<sup>th</sup> Medal Route walking hub in Scotland. To find a route near you visit: [www.ramblers.org.uk/medalroutes](http://www.ramblers.org.uk/medalroutes). If anyone has a suggestion for a medal route short walk please email: [Robert.burns@ramblers.org.uk](mailto:Robert.burns@ramblers.org.uk).

## **The Walking Partnership supported by Ramblers Worldwide Holidays**

If you are planning a holiday with Ramblers Worldwide Holidays, please consider nominating Glasgow Ramblers. Depending on your destination, the group can receive a donation of £10, £20 or £30.

## **New walk leaders and ideas for walks needed!**

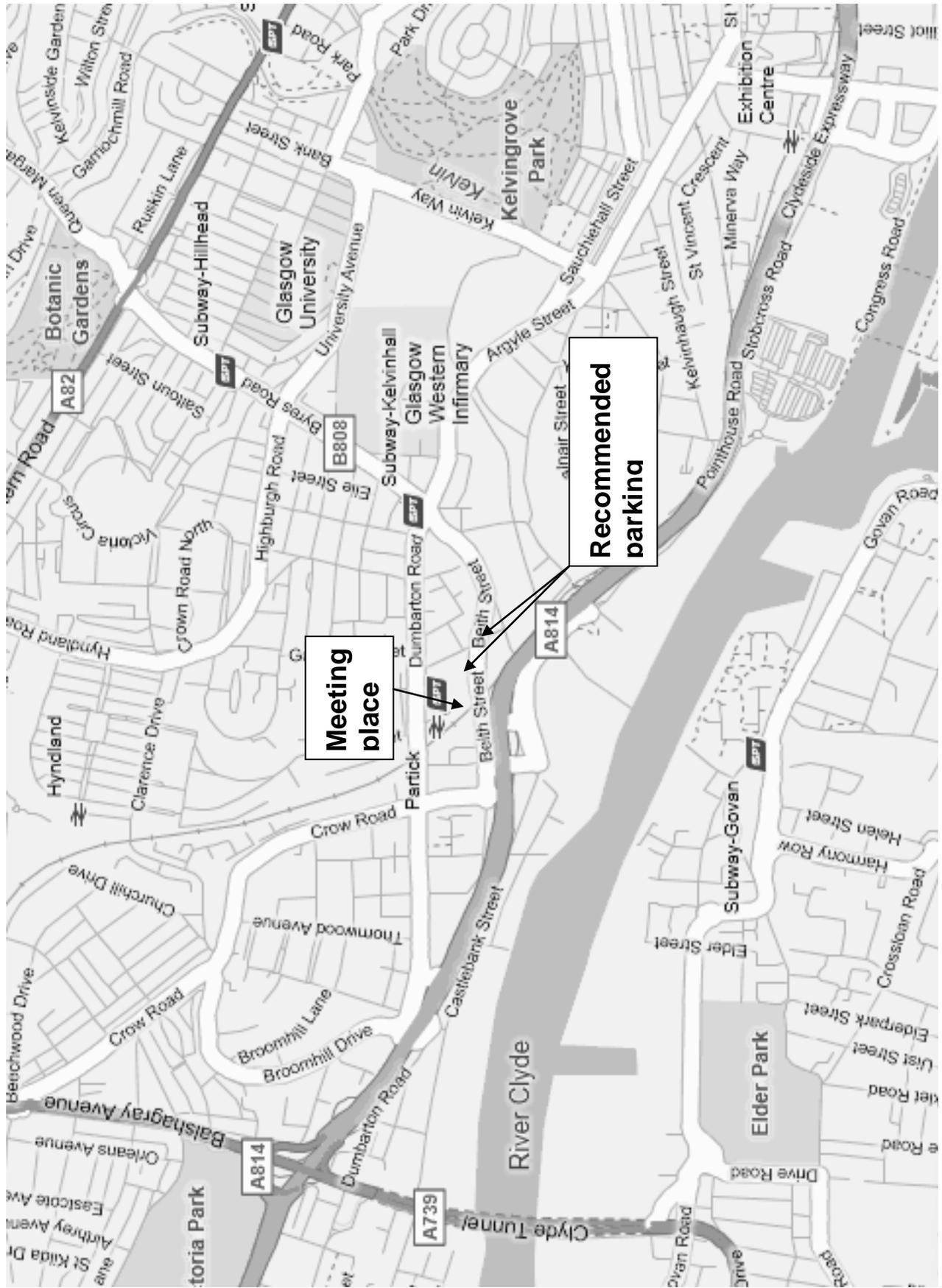
We have a dedicated and enthusiastic group of walk leaders but we are always looking for more and new ideas for walks. Suggesting a possible walk does not necessitate leading it.

Offering one walk per programme is an enormous help. For the next programme from May to November 2015, we shall be holding a planning meeting on 24<sup>th</sup> February at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7:00pm for 7:30 pm. Any member considering offering a walk in the future is most welcome. Phone Catherine (07711 268 312) or Margaret (0796 8993264) or email [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk) for more details.

Large print copies of this booklet can be obtained on request from [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk)

or

Barry Pottle,  
c/o 15 Newton Terrace,  
Glasgow, G3 7PJ.



# PROGRAMME

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Thursday 6<sup>th</sup> November**                      **Baron's Haugh and Dalzell Estate**                      **Full Day**                      **Grade C**  
**Leader: Catherine (07711 268 312 or catherine@cawatt.com)**                      **OS Map: 64**

A 6 mile circular walk from Airbles Station, enjoying nature and history side by side. From the station it's a short walk on pavements to the Clyde Walkway and then around Baron's Haugh RSPB Nature Reserve where the paths may be muddy. Stopping at the hides we should see wintering wildfowl – bring binoculars. The next stage is through the Dalzell Estate and back to the Station. Meet at **Partick Station** at **9:15am** having purchased a return ticket to Airbles for the 9:30am Motherwell train. Alternatively, walkers can catch the 9:37am Motherwell train from Glasgow Central (low level) and meet the leader on the train or on arrival at Airbles at 10:08am.

**Saturday 8<sup>th</sup> November**                      **The Kelpies**                      **Full Day**                      **Grade C+**                      **OS Map: 65**  
**Leader: Alan (07720 843353 or alan@cawatt.com)**

A 9 mile walk from Falkirk High along the Union Canal to the Falkirk Wheel; then along the Forth Clyde Canal to the Kelpies and Helix Park, finishing the walk at Falkirk Grahamston. Meet outside the main booking office at **Glasgow Queen Street Station** (high level) at **9:20am** having bought a return ticket to Falkirk High for the 9:30am Edinburgh train (high level).

**Tuesday 11<sup>th</sup> November**                      **Committee Meeting**                      **Evening**  
All members are welcome to attend the Committee Meeting. The meeting will be held at **The Unitarian Church Centre**, 72 Berkeley Street in the downstairs room at **6:30 for 7:00pm**. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry ([luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or 0141 772 2263) not later than 5:00pm on Friday 7<sup>th</sup> November.

**Wednesday 12<sup>th</sup> November**                      **This is the deadline for booking Christmas dinner**

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Saturday 15<sup>th</sup> November      Drumfrochar to Wemyss Bay      Full Day      Grade C+  
Leader: Margaret (0141 221 3598 or mcgheemargaret6@gmail.com)      OS Map: 63**

The walk starts at: NS269754

A 7 mile linear walk from Drumfrochar Station uphill for about 10 minutes on pavement and then on to the Overton Track that cuts through open heather moorland that may be muddy in places, towards the Greenock Cut Visitor Centre. From there the walk follows the Kelly Cut path down to the Kelly Glen and through to Wemyss Bay where we catch the train back to Glasgow. There are lovely views over the Clyde to Dunoon, Arran and Bute. Meet the leader at **Glasgow Central Station** outside M & S Simply Food at **9:30am** having purchased a return ticket to Wemyss Bay to catch the 9:56am Wemyss Bay train to Drumfrochar. Alternatively, meet at Drumfrochar Station at 10:48am.

**Saturday 22<sup>nd</sup> November      Kilsyth Circular      Half Day      Grade C      OS Map: 64  
Leader: John Mc (0141 773 0409 or squareloaf@talktalk.net)**

A 7 mile walk that will take approximately 3½ hours.

Meet outside the main booking office at **Glasgow Queen Street Station** (high level) at **9:15am** having purchased a return ticket for the 9:30am Edinburgh train to Croy.

**Saturday 29<sup>th</sup> November      Group AGM followed by a walk**

For AGM details see accompanying booklet. All members are invited to attend the AGM of Glasgow Ramblers. The meeting will be held at **The Unitarian Church Centre**, 72 Berkeley Street at **9:30 for 10:00am** in the downstairs room. The walk is intended for those attending the AGM, so will start following the close of the meeting and after lunch (bring a packed lunch). The walk will begin at the meeting venue, so no transport required. The walk will be through Kelvingrove Park, alongside the river Kelvin and then along the Forth Clyde Canal and finish at Cowcaddens Underground Station led by Catherine (07711 268 312 or Catherine@cawatt.com).

**Thursday 4<sup>th</sup> December      Dumbarton East to Kilpatrick      Full day      Grade B      OS Map: 64  
Leader: Idris (01436 673460 or idrisscott@waitrose.com)**

The walk starts at: NS406751

A linear walk from Dumbarton East Railway Station to Kilpatrick Railway Station. The route taken will be along roads to Overton House and then along paths to Lang Craigs. From Lang Craigs we will descend along a barely discernible path into the Overton Burn valley before climbing Doughnot Hill (1230 ft). After Doughnot Hill we descend to Black Linn Reservoir and then regain good forest tracks for the rest of our walk past Loch Humphrey to Old Kilpatrick. The walk will be about 8.5 miles long with a total ascent of 1650 ft although the highest point is Doughnot Hill.

Meet outside **Partick Station** at **10:00am** having purchased a return ticket to Dumbarton East to catch the 10:17am train to Balloch and alight at Dumbarton East at 10:38am where the leader will meet walkers. Alternatively, catch the **10:11am** train from **Glasgow Queen Street Low Level Railway Station**.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Sunday 7<sup>th</sup> December Harlaw & The Poet's Glen Full Day Grade C+ OS Map: 65/66**  
**Leader: Barry (0141 772 2263 or [luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) – email enquiries preferred)**

The walk starts at: NT163663.

A walk of around 7 miles/11km, from Balerno on the outskirts of Edinburgh. Goes past Harlaw Reservoir and close to, but not up onto, the Pentland Hills. Then visits the glen of Kinleith Burn, associated with the “weaver poet” James Thomson (1763-1832). (Walkers are warned that they may be subjected to recitation by leader.) Returns to Balerno via the Water of Leith Walkway. Meet the leader outside **Partick Station** at **9:00am**. The recommended passenger contribution to driver: £9 (90 mile round trip at 10p per mile).

**Saturday 13<sup>th</sup> December Dollar to King's Seat Hill Full Day Grade B OS Map: 58**

**Leader: John B (0141 647 8371 or [johnlinda30@tiscali.co.uk](mailto:johnlinda30@tiscali.co.uk))**

A walk from Dollar up Dollar Glen to Castle Campbell; then on rougher ground up to Bank Hill (346 metres) and up and over King's Seat Hill (648 metres). We then head north east, then south east down the Burn of Sorrow. Meet the leader at **Partick Station** at **9:00am**. The recommended passenger contribution to driver: £8 (80 mile round trip at 10p per mile).

**Friday, 19<sup>th</sup> December Social Event Evening**

**Organiser: Bobby ([bobby\\_robbs@hotmail.com](mailto:bobby_robbs@hotmail.com) or 0141 573 4781)**

It is a long time since Glasgow Ramblers have held a Christmas social event. However, a Christmas meal has been booked at **The Carlton George Hotel**, 44 West George Street, Glasgow. The hotel is just off George Square and next to Queen Street Station. The table is booked for **7:00pm**, currently for 15 people, but may possibly be increased if there is sufficient interest. Please meet at the restaurant on the **7<sup>th</sup> floor before 7.00 pm**. Cost per person, including tip is £26. Please contact Bobby Robb if you wish to book a place. Payment must be paid in full by 12/11/2014 by cheque to Bobby Robb.

**Menu: [http://www.carlton.nl/d/george/media/Windows\\_Christmas\\_Menu\\_copy.pdf](http://www.carlton.nl/d/george/media/Windows_Christmas_Menu_copy.pdf)**

**Saturday 20<sup>th</sup> December Christmas week – no walk.**

**Sunday 28<sup>th</sup> December Good Crieff Full day Grade B OS Map: 52**

**Leader: Barry (0141 772 2263 or [luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) – email enquiries preferred)**

The walk starts at: NN 856221.

Two walks, each around 4 miles/6 km. Walkers can do one as a half day walk, or both as a full day. The first walk goes from Taylor Park in Crieff up to The Knock (278 metres) then back to the start by a different route. The second goes over the wooded Laggan Hill (156 metres), and back via Lady Mary's Walk along the River Earn. Meet the leader outside **Partick Station** at **9:00am**.

The recommended contribution to driver: £10 (100 mile round trip at 10p per mile).

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Saturday 3<sup>rd</sup> January      Auchineden Hill      Half Day      Grade C+      OS Map: 64**  
**Leader: Tony (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)**

A 5 mile walk from Queen's View, climbing 160m to Auchineden Hill Trig Point and returning via tracks to the start. The leader will meet walkers at Queens View car park. Bring some festive treats.

Meet outside **Partick Station** at **9:00am**.

Recommended passenger contribution: £2.20 (22 miles at 10p per mile).

**Saturday 10<sup>th</sup> January      Caldercruix to Bathgate      Full Day      Grade C+      OS Map: 65**  
**Leader: John Mc (0141 773 0409 or squareloaf@talktalk.net)**

A 10 mile walk along a cycle path. Meet outside the main booking office at **Glasgow Queen Street Station** (high level) at **9:15am** having purchased a return ticket to Bathgate (£11.30) to catch the 9:28am low level train to Caldercruix. The return journey to Glasgow will be from Bathgate Station.

**Thursday 15<sup>th</sup> January      West End Heritage Walk      Half Day      Grade C**  
**Leader: Catherine (07711 268 312 or catherine@cawatt.com)**

Depending on the weather, a 2 to 3 hour walk through the West End of Glasgow.

Meet outside **Partick Station** at **9:30am**. The walk will finish at the cafe in the Botanics.

**Saturday 17<sup>th</sup> January      North Strathclyde Area AGM and Members' Walk.**

The area AGM of North Strathclyde Area of the Ramblers' Association will be held on Saturday, 17<sup>th</sup> January 2015 at **10:00am** for **10:30am** in the **Lesser Hall, Milngavie Town Hall**. As the Glasgow Group forms part of North Strathclyde Area, all group members are entitled to attend. The Notice and Agenda for the meeting will be sent out to all members in December.

In the afternoon, Bob Diamond and Andrew Summers of Bearsden & Milngavie Group will lead a circular walk to Craigton, 4½ miles (1½ -2 hours) on minor roads and paths, starting and finishing at Milngavie Town Hall. The walk will start approximately one hour after the meeting finishes. Any enquiries about the walk should be directed to **chairman@bearsdenandmilngavieramblers.org.uk** or by 'phone to Bob Diamond at 0141 570 2804 (email enquiries preferred). Members wishing to stay for the walk should bring packed lunches. Alternatively, there are cafés in Milngavie Main Street, near to the meeting venue.

**Tuesday 20<sup>th</sup> January      Committee Meeting      Evening**

All members are welcome to attend the Committee Meeting. The meeting will be held at **The Unitarian Church Centre**, 72 Berkeley Street in the downstairs room at **6:30 for 7:00pm**. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry ([luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or 0141 772 2263) not later than 5:00pm on Friday, 16<sup>th</sup> January 2015.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Saturday 24<sup>th</sup> January      Dougalston Loop      Half Day      Grade C+      OS Map: 64**  
**Leader: Tony (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)**

A 6¼ mile walk along tracks, paths and quiet roads with modest ascents. The leader will meet walkers at Milngavie Railway Station. Meet at **Glasgow Central Station** (high level) outside M & S Simply Food at **9:00am** having purchased a return ticket to Milngavie to catch the 9:14am low level train to Milngavie.

**Saturday 31<sup>st</sup> January      Mugdock Park      Full Day      Grade C+      OS Map: 64**  
**Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)**

A 9 mile walk on good paths and tracks. Meet outside the main booking office at **Glasgow Queen Street Station** (high level) at **9:15am** having purchased a return ticket to Milngavie to catch the 9:28am low level train to Milngavie. Alternatively, meet at Milngavie Railway Station at 10:00am.

**Saturday 7<sup>th</sup> February      Cumbernauld Circular      Full Day      Grade C+      OS Map: 64**  
**Leader: Anne (0141 573 2254 or 07977 635467 or athomson555@gmail.com)**

The walk starts at: NS757744.

This 8 mile walk on paths and minor roads takes in Cumbernauld Glen and Cumbernauld Community Park. We are able to have a close up look at Arria, the 10 metres high sculpture by Andy Scott that stands to the north of the M80. Meet at **Buchanan Bus Station** by the Travel Information Board at **9:30am**, to catch the 9:45am Stagecoach X25 Abrohill bus, or the many other buses going to Cumbernauld Town Centre, to arrive in Cumbernauld before 10:10am. The leader will meet walkers at the start of the walk in Cumbernauld Town Centre North Bus Stance at 10:10am.

**Saturday 14<sup>th</sup> February      Around Neilston      Half Day      Grade C+      OS Map: 64**  
**Leader: John B (0141 647 8371 or johnlinda30@tiscali.co.uk)**

A walk of approximately 6 or 7 miles on mainly, tracks, minor roads and some rough ground. Meet at **Glasgow Central Station** outside M & S Simply Food at **9:20am** having purchased a return ticket to Neilston to catch the 9:35am train to Neilston. The leader will meet walkers at Neilston train station.

**Thursday 19<sup>th</sup> February      The Clyde at Blantyre and Bothwell      Half Day      Grade C+      OS Map: 64**  
**Leader: Gordon (07443 426941 or gordonarthur50@gmail.com)**

This 4 mile walk follows the riverside between Blantyre and Bothwell Castle, with a visit to the village of Bothwell. From Blantyre station, the walk passes the David Livingstone Centre and crosses the Memorial footbridge onto the Clyde Walkway to Bothwell Castle. From the castle, a woodland path and a short section on street leads to the centre of Bothwell village. After a stop for refreshments, and an exploration of the village, the route returns to Blantyre station. Good tracks and pavement walking. Meet outside **Partick station** at **9:20am** having purchased a return ticket to Blantyre for the 9:30 Motherwell train.

**All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.**

**Saturday 21<sup>st</sup> February      Bishop's Seat & Bishop's Glen      Full Day      Grade B**  
**Leader: Idris (01436 673460 or [idrisscott@waitrose.com](mailto:idrisscott@waitrose.com))**

The walk starts at: NS 243780.

The walk is a gentle climb along felled-forest tracks with wide views over the River Clyde before ascending a faint path through trees and open hillside to the summit of Bishop's Seat. This is followed by a descent on the open (boggy) hillside before regaining forest tracks back to Dunoon via Bishop's Glen. The walk is 9 miles long and involves 600 metres of ascent to a maximum height of 504 metres along forest tracks and paths except for  $\frac{3}{4}$  mile of damp boggy hillside with no path or only a faint path. Meet at **Glasgow Central Station** outside M & S Simply Food at **9:15am** having purchased a return ticket to Gourock to catch the 9:25am train to Gourock. The leader will meet walkers at Gourock Railway Station where we will catch the 10:20am ferry to Dunoon.

**Tuesday 24<sup>th</sup> February      Walk Leaders Meeting      Evening**

The meeting will be held in the basement room at the **Unitarian Church Centre**, 72 Berkeley Street at **7:00 for 7:30pm**. The purpose is to get together and plan the next programme - May to November 2015. Any member who may consider offering a walk in the future is most welcome to attend. We have a dedicated group of members prepared to lead walks but we are always looking for more leaders. Even offering one walk per programme would be a huge help to the group. Also ideas for new walks would be of interest. Phone: Catherine 07711 268 312 or email [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk) for more details.

**Saturday 28th February      Rosneath Peninsula      Full Day      Grade B      OS Map 56/63**  
**Leader: Alan (07720 843353 or [alan@cawatt.com](mailto:alan@cawatt.com))**

The walk starts at: NS215856

This is a 16 km walk on the Rosneath Peninsula which juts into the Firth of Clyde west of Gare Loch. The walk starts at Ardpeaton, with a gradual ascent up to the plateau and then along a broad ridge to reach the highest point, Clach MacKenny (202 metres). From there, it is downhill to the shore near Rosneath to follow the coastal path back to Kilcreggan and the ferry to Gourock. On a clear day there are spectacular views. Meet at **Glasgow Central Station** outside M & S Simply Food at **9:15am** having purchased a return ticket to Gourock to catch the 9:25am train. The ferry (£5 return) to Kilcreggan leaves at 10:18am and connects with the bus to Ardpeaton at 10:50am.

**Tuesday 3<sup>rd</sup> March      Committee Meeting      Evening**

All members are welcome to attend the Committee Meeting. The meeting will be held at **The Unitarian Church Centre**, 72 Berkeley Street in the downstairs room at **6:30 for 7:00pm**. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry ([luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or 0141 772 2263) not later than 5:00pm on Friday, 27<sup>th</sup> February 2015.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Thursday 5<sup>th</sup> March                      The Semple Trail                      Full Day                      Grade C+                      OS Map 63**  
**Leader: Catherine (07711 268 312 or [catherine@cawatt.com](mailto:catherine@cawatt.com))**

The walk starts at: NS 395604.

This is a 12.5km circular walk from Howwood Station around Castle Semple Loch, almost all on traffic free routes or quiet rural roads. Some sections of the path pass through farmland. Places of interest include the RSPB Reserve, Castle Semple Visitors Centre, Parkhill Woods and the Collegiate Church. Meet at **Glasgow Central Station** outside M & S Simply Food at **9:25am** after purchasing a return ticket to Howwood for the 9:34am Ayr train.

**Saturday 7<sup>th</sup> March                      Queensferry to Bo'ness                      Full Day                      Grade B                      OS Map 56**  
**Leader: Alan (07720 843353 or [alan@cawatt.com](mailto:alan@cawatt.com))**

The walk starts at: NT 129783.

This is a 16 km (5 hrs) linear walk following part of the John Muir Way along the South bank of the Forth estuary from Queensferry to Bo'ness. This level walk goes under the existing road bridge and the new Forth crossing. Further west, the walk passes Hopetoun House designed by William Adam and dating from the 1720s, and then Blackness Castle before reaching Bo'ness. Meet outside the main booking office at **Queen Street Station** at **8:35am** to catch the 8:45am Edinburgh train. Buy a return ticket to Linlithgow. The walk necessitates catching a bus from Linlithgow to Queensferry and at the end of the walk a bus back to the station from Bo'ness. (If coming by car, meet the walk leader at Linlithgow Station at 9:15am).

**Sunday 8<sup>th</sup> March                      Douglas and the Castle Policies                      Half Day                      Grade C**  
**Leader: Ian (0141 557 2553 or [ic.brooke@virgin.net](mailto:ic.brooke@virgin.net))**  
**OS Map: 71**

This is an easy 3½ mile walk on paths and tracks. Meet the leader outside **Partick Station** at **9:00am**. The recommended passenger contribution is £6.60 (66 miles at 10p per mile).

**Sunday 15<sup>th</sup> March                      Aber Path and Duncryne                      Half Day                      Grade C & B                      OS Map: 56**  
**Leader: Barry (0141 772 2263 or [luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) – email enquiries preferred)**

The walks starts at: NS429862.

Walkers can join either or both of the following walks: First walk (Grade C) along path from Gartocharn Village to Net Bay on the Banks of Loch Lomond, with optional easy uphill extension to viewpoint above River Endrick. Return to Gartocharn by same route. Total distance both ways: 4 miles/6 km.

Second walk: (Grade B). A short but steep climb to an excellent viewpoint (weather permitting). The length is 2 miles/3 km. Height climbed – 460 feet/142m. Meet the leader outside **Partick Station** at **2:00pm**. The recommended passenger contribution is £4 (40 miles round trip at 10p per mile).

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Saturday 21<sup>st</sup> March                      Around Aberfoyle                      Full Day                      Grade C+                      OS Map: 57**  
**Leader: Moira (01236 630602 or 07982 330096)**

This is an 8 mile walk on good tracks and paths with one steep ascent (optional) that takes in Doon Hill and the Highland Boundary Fault Trail. Meet outside **Partick Station** at **9:00am**. The leader will meet walkers at the car park behind the Tourist Information Office in Aberfoyle at 10:15am. The recommended passenger contribution is £5 (50 mile round trip at 10p per mile).

**Saturday 28<sup>th</sup> March                      Helensburgh to Rhu                      Full day                      Grade C+                      OS Map: 56**  
**Leader: Denise (0141 632 0832)**

This is a 6 mile walk from Helensburgh Station up a moderate hill at a leisurely pace. Meet the leader outside the main booking office at **Queen Street Station** (upper level) at **9:20am** having purchased a return ticket to Helensburgh to catch the 9:41am train (low level) to Helensburgh or alternatively meet the leader at Helensburgh train station at 10:25am.

**Sunday 29<sup>th</sup> March                      Cruach Ardrain                      Full Day                      Grade A                      OS Map: 50/57**  
**Leader: Alan (07720 843353 or alan@cawatt.com)**

The walk starts at: NN369239.

A challenging walk of around 12 km and 920 metres of ascent. This walk starts at the lay-by just South-west of Crianlarich and eventually reaches the top of Cruach Ardrain at 1046 metres. On a clear day this Munro should provide excellent views of Ben More, Stob Binnein and numerous other mountains. A gentler alternative will be arranged if the leader thinks the weather is too harsh. Meet outside **Partick Station** at **9:00am** or alternatively, by arrangement at the start of the walk. The recommended passenger contribution is £9.20 (92 mile round trip at 10p per mile).

**31<sup>st</sup> March      This is the deadline for booking the Ailsa Craig trip.**

**Saturday 4<sup>th</sup> April                      Ardentiny to Carrick Castle                      Full Day                      Grade B**  
**Leader: James (07736 390887 or jfm6721@talktalk.net)**                      **OS Map: 56**

This is a beautiful 7 mile walk, with a total ascent of 145 metres, along restored paths and tracks in a remote area that tends to be "off the radar" of many walking clubs. It offers the prospects of magnificent vistas over Lochs Goil and Long. Meet at **Glasgow Central Station** (high level) outside M & S Simply Food at **7:25am** having bought a single ticket to Gourock (£6.60) for the 7:39am Gourock train. On arrival at 8:30am we will take the 8:50am ferry to Dunoon (£4.40) arriving at 9:15am. From Dunoon we take the 9:51am bus to Ardentiny (£2.90). On arrival at Ardentiny at 10:39am we walk to Carrick Castle and this takes around 4 -5 hours. At Carrick Castle we will take the 3:53pm bus to Helensburgh (£4.00 approx.) arriving at the railway station at 5:04pm. Return to Glasgow city centre on the 5:10pm Edinburgh train (£6.00). The total cost of transport for the day will be approx. £24.00.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Saturday 11<sup>th</sup> April**                      **Climbing to the Castle of Cups – Dun Na Cuaiche from Inveraray Castle**  
**Full day**                                      **Grade B**                                      **OS Map Ref: 56**

**Leader: Bobby (0141 573 4781 or 07729191331 or bobby\_robb@hotmail.com)**

The walk starts at: NN095092.

A 4 mile (6.4 km) walk at an easy pace with 900 feet (274 metres) of ascent on mostly way-marked paths with a short steep final ascent to the summit through a steep wooded hill. Dun Na Cuaiche offers an excellent view of Inveraray, the Campbell capital of Argyll. The walk will take 3 hours and starts from the car park at Inveraray Castle. There are toilets at the Castle. Parking charge per car is £2.00 redeemable on any purchase made at the Castle Tearoom. Meet the leader outside **Partick Station** at **9:00am**. The recommended passenger contribution is £11 (110 miles round trip at 10p per mile).

**Saturday 18<sup>th</sup> April**                      **Forth & Clyde Canal**                      **Full Day**                      **Grade C+**                      **OS Map: 64**

**Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)**

This is a 9 mile linear walk from Anniesland to Bowling along the Forth and Clyde Canal. Meet the leader at **Glasgow Central Station** outside M & S Simply Food at **9:45am** having purchased a return ticket to Bowling to catch the 9:58am train (low level) to Anniesland. Alternatively, meet at Anniesland Railway Station at 10:15am.

**Thursday 23<sup>rd</sup> April**                      **The Other Mr Muir**                      **Full Day**                      **Grade B**                      **OS Map 64**

**Leader: Catherine (07711 268 312 or catherine@cawatt.com)**

The walk starts at: NS 609702.

A 15 km linear walk following part of the Thomas Muir Heritage Trail from Bishopbriggs Station to Milton of Campsie. Thomas Muir (1764 - 1799) was a passionate supporter of universal suffrage. He was tried on a trumped-up charge for sedition and transported to a penal colony in Australia from whence he escaped to France. The trail follows the area where he spent his early years and where his family owned land. The walk is fairly level and largely on a canal path. Meet at **Buchanan Bus Station** by the Travel Information Board at **9:40am** for the 9:50am No 24 Stirling bus.

**Saturday 25<sup>th</sup> April**                      **The Cumbrae Wander**                      **Full day**                      **Grade C+**

**Leader: Jeanette (07752322727 – texts preferred; or 0141 762 1183)**

A walk of approximately 8 miles around Millport. On landing at Cumbrae on the ferry from Largs, we take a left, then a right turn – going up the hill at an easy pace to the trig point where we should enjoy some fabulous views whilst eating our lunch. From there, we drop down into Millport town where we can visit the Cathedral of the Isles before spending a short time exploring Millport and walking round back to the ferry. The walk is mostly on very minor roads and track although the slight incline edges it into the C+ category. Meet at **Glasgow Central Station** outside M & S Simply Food at **8:30am** having purchased a return ticket to Largs to catch the 8:48 Largs train that arrives at 9:44am. Those who make their own way there, meet the leader at the pier at 10:00am to catch the 10:15am ferry to Cumbrae.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm the transport arrangements and walk details. Up-to-date information on walks can be obtained from: [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk) > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

**Sunday 26<sup>th</sup> April      Ailsa Craig - Climb an iconic Scottish West Coast Island.**

**Full day                  Grade B                  OS Map: 76**

**Leader: Bobby (0141 573 4781 or [bobby\\_robb@hotmail.com](mailto:bobby_robb@hotmail.com))**

The walk starts at: NN095092.

This is a trip by boat on board the MV Glorious sailing from Girvan to the island of Ailsa Craig which is just over 10 miles offshore. Three hours ashore will give us ample time to climb to the summit at 338 metres, (1109 feet) optional climb. We can also explore the island (2.5 miles around the base). Prior to our return to Girvan the boat will circle the island to allow us to view at close hand the large gannet colony with 36,000 breeding pairs. The island is an RSPB Reserve. Free car parking is available on or near quayside in Girvan. Places will be limited as the boat can only take a maximum of 12 persons. Places allocated on a first come first served basis. A waiting list will also be held in case of cancellations. Cost of the boat per person £20.00. **Please contact Bobby Robb if you wish to book a place.**

**Payment must be paid in full by 31/3/2015 by cheque to Bobby Robb.**

Meet Bobby at **Partick Station** at: time to be arranged nearer the date due to tides/weather situation.

The recommended passenger contribution: £11.50 (115 miles at 10p per mile).

**Leader to be contacted two days prior to walk to confirm times. If walk has to be cancelled due to adverse weather, an alternative walk will be available for 26/4/2015. Boat will be rescheduled for a later date.**

**Saturday 2<sup>nd</sup> May                  Knapps Dam                  Full Day                  Grade C+                  OS Map: 63**

**Leader: Barry (0141 772 2263 or [luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) – email enquiries preferred)**

The walk starts at: NS385659.

This is a walk of around 7 miles/12 km from Bridge of Weir along the River Gryffe to Quarrier's village, then via quiet roads and cycle track to Knapps Dam. There is a short climb to the high ground overlooking Knapps Dam, then through woodland and quiet roads back to Bridge of Weir.

Meet the leader at **Buchanan Bus Station** at **9:05am**, by the Travel Information Board to catch the **9:20am McGills X7 Greenock (via Kilmacolm) bus to Bridge of Weir.**

# Summary of Walks

<b>Date</b>	<b>Walk or Event</b>	<b>Full / Half Day / Evening</b>	<b>Grade</b>
Thurs 6 <sup>th</sup> Nov	Baron's Haugh and Dalzell Estate	Full Day	C
Sat 8 <sup>th</sup> Nov	The Kelpies	Full Day	C+
Tues 11 <sup>th</sup> Nov	Committee Meeting	Evening	
Wed 12 <sup>th</sup> Nov	Deadline for booking Christmas night out		
Sat 15 <sup>th</sup> Nov	Drumfrochar to Wemyss Bay	Full Day	C+
Sat 22 <sup>nd</sup> Nov	Kilsyth Circular	Half Day	C
Sat 29 <sup>th</sup> Nov	Group AGM followed by a walk		
Thurs 4 <sup>th</sup> Dec	Dumbarton East to Kilpatrick	Full day	B
Sun 7 <sup>th</sup> Dec	Harlaw & The Poet's Glen	Full Day	C+
Sat 13 <sup>th</sup> Dec	Dollar to King's Seat Hill	Full Day	B
Fri, 19 <sup>th</sup> Dec	Social Event	Evening	
Sun 28 <sup>th</sup> Dec	Good Crieff	Full day	B
Sat 3 <sup>rd</sup> Jan	Auchineden Hill	Half Day	C+
Sat 10 <sup>th</sup> Jan	Caldercruix to Bathgate	Full Day	C+
Thurs 15 <sup>th</sup> Jan	West End Heritage Walk	Half Day	C
Sat 17 <sup>th</sup> Jan	North Strathclyde Area AGM and Members' Walk.		
Tues 20 <sup>th</sup> Jan	Committee Meeting	Evening	
Sat 24 <sup>th</sup> Jan	Dougalston Loop	Half Day	C+
Sat 31 <sup>st</sup> Jan	Mugdock Park	Full Day	C+
Sat 7 <sup>th</sup> Feb	Cumbernauld Circular	Full Day	C+
Sat 14 <sup>th</sup> Feb	Around Neilston	Half Day	C+
Thurs 19 <sup>th</sup> Feb	The Clyde at Blantyre and Bothwell	Half Day	C+
Sat 21 <sup>st</sup> Feb	Bishop's Seat & Bishop's Glen	Full Day	B
Tues 24 <sup>th</sup> Feb	Walk Leaders Meeting	Evening	
Sat 28 <sup>th</sup> Feb	Rosneath Peninsula	Full Day	B

<b>Date</b>	<b>Walk or Event</b>	<b>Full / Half Day / Evening</b>	<b>Grade</b>
Tues 3 <sup>rd</sup> Mar	Committee Meeting	Evening	
Thurs 5 <sup>th</sup> Mar	The Semple Trail	Full Day	C+
Sat 7 <sup>th</sup> Mar	Queensferry to Bo'ness	Full Day	B
Sun 8 <sup>th</sup> Mar	Douglas and the Castle Policies	Half Day	C
Sun 15 <sup>th</sup> Mar	Aber Path and Duncryne	Half Day	C + B
Sat 21 <sup>st</sup> Mar	Around Aberfoyle	Full Day	C+
Sat 28 <sup>th</sup> Mar	Helensburgh to Rhu	Full day	C+
Sun 29 <sup>th</sup> Mar	Cruach Ardrain	Full Day	A
Tues 31 <sup>st</sup> Mar	Deadline to book the Ailsa Craig trip		
Sat 4 <sup>th</sup> Apr	Ardentinny to Carrick Castle	Full Day	B
Sat 11 <sup>th</sup> Apr	Climbing to the Castle of Cups – Dun Na Cuaiche from Inveraray Castle	Full Day	B
Sat 18 <sup>th</sup> Apr	Forth & Clyde Canal	Full Day	C+
Thurs 23 <sup>rd</sup> Apr	The Other Mr Muir	Full Day	B
Sat 25 <sup>th</sup> Apr	The Cumbrae Wander	Full Day	C+
Sun 26 <sup>th</sup> Apr	Ailsa Craig - Climb an iconic Scottish West Coast Island	Full day	B
Sat 2 <sup>nd</sup> May	Knapps Dam	Full Day	C+

**If you have received this copy of the Programme of Walks through the post, it is because we do not have your current email address.**

**Several email addresses on the list of members of Glasgow Ramblers are out of date.**

**If you can provide an email address and are willing to have it forwarded to the Ramblers Association please contact Catherine [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk).**